



Please bring this book
with you to all
appointments.

BASIC LENS PROCEDURES

PREPARING FOR YOUR CATARACT PROCEDURE

BEFORE / DURING /AFTER

Name: _____

DOB: _____

This book is in reference to surgery on your RIGHT LEFT eye

DATE OF SURGERY: _____ **Surgeon:** _____

ARRIVAL TIME: **Eyesight does not schedule your surgery time.** You will be contacted by the surgery center the day before your procedure with your expected arrival time. **You will also be called 1-2 weeks prior to surgery to go over your medical history. If you have not heard from the surgery center by 3:30pm the day before your procedure, please contact them directly at 603-314-8035 to get your time.** Eyesight staff may not be aware of your arrival time.

Note: The first 2 pages of this book offer a convenient overview of items covered in this book.

SURGERY CENTER / LOCATION OF SURGERY:

_____ **Coastal Surgical Center – 291 Shattuck Way, Newington NH – 603-314-8035**

Alternative locations:

_____ **Frisbie Memorial Hospital - 11 Whitehall Road, Rochester NH - 603-330-8936**

_____ **Wentworth Douglass Hospital - 789 Central Avenue, Dover NH - 603-740-2281**

_____ **Exeter Hospital - 5 Alumni Drive, Exeter NH – 603-580-7568**

AFTER SURGERY APPOINTMENTS: YOU MUST BE SEEN FOR A FOLLOW UP APPOINTMENT AFTER SURGERY. PLEASE PLAN TO SEE US AT EYESIGHT ON THE FOLLOWING DATE/TIME:

1st post-op appointment is in the PORTSMOUTH SOMERSWORTH EXETER
 KITTERY

Eyesight office on _____ at _____ with Dr. _____.

2nd post-op appointment is in the PORTSMOUTH SOMERSWORTH EXETER
 KITTERY

Eyesight office on _____ at _____ with Dr. _____.

PREPARING FOR YOUR CATARACT EVALUATION

By now, you've met with a counselor for a pre-evaluation to discuss lens options. Our premium lenses may significantly reduce or eliminate your need for glasses, which will be further addressed during your full evaluation with the doctor. They will review test results from your pre-evaluation, which include:

- **Biometry Tests:** To calculate the power of the artificial lens that will be implanted.
- **Optical Coherence Tomography (OCT):** To assess the health of your macula.
- **Corneal Topography:** A color-coded map that shows the shape and contour of your cornea. This test is especially important for patients with astigmatism, previous LASIK, or those considering premium lenses.

Pre-Cataract counselors

Victoria	PORTSMOUTH	603-501-7868 x243	Vbrown@EyesightNH.com
Staci	PORTSMOUTH	603-501-7868 x603	Sbenjamin@EyesightNH.com
Lisa	SOMERSWORTH	603-501-7868 x214	Lbergeron@EyesightNH.com

WHAT TO BRING TO YOUR CATARACT EVALUATION / MEETING YOUR SURGEON

- **This Book with Your Forms:** Pages 12 and/or 13 and the Informed consent pages in the back. ***PLEASE FILL THIS OUT COMPLETELY UNTIL YOU REACH THE “STOP SIGN” PAGE***, which is labeled “Lens Choice and Informed Consent for Cataract Surgery”. ***This portion is filled out with your surgeon.***
- **Medication List:** Include all prescriptions, over-the-counter meds, vitamins, and supplements.
- **Provider Contact Info:** Your Primary Care Provider (PCP) and Cardiologist (if you have one)
- **Family member or friend:** Having someone with you can help remember important information.
- **Transportation:** If unsure about driving post-dilation, plan for a ride
- **Eye Drops:** If you have dry eyes use artificial tears 4x/day for 2 weeks
- **Documentation:** Bring any necessary health proxy, power of attorney, or translator documents.
- **Glasses:** Please bring any glasses you wear on a daily basis
- **Your calendar:** To help schedule your surgery dates. If you do not meet with a coordinator, or are not ready to schedule after the evaluation, expect a call within two weeks to discuss your surgery options and the possibility of scheduling surgery date(s) with follow-up appointments.
- **Stay out of contact lenses:** This ensures accurate measurements of your eyes
 - **Soft contact lenses:** Remove 1 week prior
 - **Toric contact lenses:** Remove 2 weeks prior
 - **Hard contact lenses (RGP):** Remove 3 weeks prior

WHAT TYPE OF LENS OPTIONS ARE AVAILABLE?

During surgery, your cloudy cataract is removed and replaced with an artificial lens. Your surgeon will discuss which artificial lens best aligns with your vision goals. Not everyone is a good candidate for all lenses.

Ranges of vision:

Distance vision:	6+ feet away	Road signs, TV
Intermediate vision:	Arm's length	Car dashboard, computer
Near vision:	2-16" away	Reading, phone

BASIC LENS: "I am fine wearing glasses full-time"

This is the only lens that is covered by your insurance company. If you pick a distance lens, you will likely still need prescription glasses for your best distance vision and will also need glasses for intermediate and near.

(If you are near-sighted and want to stay this way, you may pick a basic lens for near vision. You will need prescription glasses for distance)

OPTIWAVE REFRACTIVE ANALYSIS (ORA): "I want to see clearly at ONE RANGE (distance, intermediate or near) without glasses, and I will wear glasses for all other ranges"

If you don't have astigmatism and you'd like to maximize vision at ONE RANGE without glasses, ORA will improve the accuracy of your outcome by obtaining additional measurements during surgery. This is especially beneficial if you've had prior LASIK or have a denser cataract.

If you pick distance vision, you will need over-the-counter readers for intermediate and near. If you pick near vision, you will need prescription glasses for distance and intermediate.

TORIC LENS: "I have an astigmatism and I want to see clearly at ONE RANGE (distance, intermediate or near) without glasses. I will wear glasses for all other ranges"

If you have astigmatism and you'd like to maximize vision at ONE RANGE without glasses, you will need a toric lens. If you pick distance vision, you will need over-the-counter readers for intermediate and near. If you pick near vision, you will need prescription glasses for distance and intermediate.

Note: If you have tried monovision in the past and liked it (one eye distance, one eye near), this can be reproduced surgically. We do recommend ORA or a toric lens (if you have astigmatism) for best results.

PRESBYOPIC LENS (I.E. PANOPTIX, VIVITY): "I want to see clearly for a range of distances with reduced need for glasses"

PanOptix: Provides best range of vision, will need readers for fine print. Can cause night-time glare and halos

Vivity: Provides excellent distance and intermediate. Will need readers for near

LIGHT ADJUSTABLE LENS (LAL and LAL+): "I want a lens that I can test drive after surgery and fine tune it"

Each lens provides moderate range of vision. You can trial blended vision (one eye for distance, other eye for near). It can be adjusted after surgery to maximize accuracy. Requires 3-5 additional dilated post-operative visits and UV glasses at all times until the lens is locked.

SURGERY CHECKLIST

Make sure you know the date(s) for your surgery.

- If you are only having one eye treated, you should have 1 copy of this book.
- If you are having 2 eyes treated, you should have 2 copies of this book.
- Eyesight employees do not schedule the time for your surgery. That is done by the surgery center.

Make sure you know the date, time, and location of your follow-up appointments.

- Your first appointment usually occurs the day of or the day after your surgery
- Additional appointments depend on your healing and your eye health. These may be with your surgeon or with your regular eye doctor

Make sure you have turned in all your consent forms. We cannot schedule your surgery until you have signed:

- "Informed Consent for Cataract Surgery".
- "Lens Choice and Informed Consent for Cataract Surgery" (this was the form you signed with your surgeon at your Cataract Evaluation).
- Additional forms, such as Health Plan Denials and Personal Obligation / Cash Pay (pg. 13), may be required if you do not have insurance.

If you have a Health Proxy, Power of Attorney, require a translator, or need additional support for surgery, please make sure we have this information on file. Your surgery center may also require a copy.

If you have a cardiologist or a PCP who needs to approve your surgery, please make sure we have their contact information and/or written documentation authorizing you to proceed with surgery.

1-2 WEEKS PRIOR TO SURGERY

• Make sure you have your medicated eye drops

After cataract surgery, patients need to use several different prescription eye drops to help prevent infection, reduce inflammation, and manage discomfort. These drops are usually taken on different schedules, which can be confusing. To make things easier, we offer a convenient option called Imprimis—a single eye drop that combines all the necessary medications into one. This helps simplify your routine and makes it easier to follow the treatment plan.

- Imprimis is not covered by insurance, but the cost is typically similar to what you'd pay in co-pays for three separate prescription drops.
- If you've selected the Basic Lens package, Imprimis must be purchased separately before surgery.
- Regardless of whether you are using Imprimis or traditional prescription drops, all eye drops must be picked up before your surgery. Imprimis is available for purchase or pickup at the front desk of any Eyesight location. Prescriptions will be called into your pharmacy.
- **If you regularly use other prescription eyedrops**, please consult with your surgeon regarding their use before or after, surgery.

- You may continue to wear contact lenses.

1-2 BUSINESS DAYS PRIOR TO SURGERY

You will receive a call from the surgical center with your arrival time and to answer medical related questions.

- They will discuss your medical history and your current medications
- They will review if you need to stop your insulin or diabetes medications
- They will review if you need to stop your GLP-1 agonist (ex. Ozempic, Wegovy, Mounjaro)

DAY BEFORE SURGERY

- **Do not eat or drink anything after midnight** or your surgery will be canceled
 - This includes coffee, toast, juice, gum, etc.
 - You may brush your teeth but rinse/spit
- On the night before surgery **take a shower or bath and wash your hair thoroughly**

DAY OF SURGERY

- **Start your eye drops** (either Imprimis or the 3 separate drops) 1 hour prior to leaving the house
 - If using **Imprimis, see page 7**
 - If using the **3 separate drops, see page 8**
 - **If you use Xiidra, Restasis or Cequa**, use 1 drop the morning of surgery, and then resume 1 week AFTER SURGERY.
- Medications may be taken with a **sip** of water
- **Bring your surgery bag, eye drops, and your sunglasses or prescription glasses with you**
- **Wear loose-fitting clothing** (button-down shirt is best) and slip on shoes (no lace-up boots)
- **Wash your face** with soap and water and make sure you remove any mascara or eyeliner
- **No makeup, jewelry, nail polish, hairspray, perfume/cologne, or lotions**. Deodorant is okay
- **You need a responsible adult (18 or over) who is known to you (i.e. family, friend, neighbor) to accompany you to and from surgery.** You will be asked to identify this person prior to surgery. You may use taxis, Ubers, etc. for your surgery **if you have a responsible adult with you**
- **If you would like to receive IV sedation, you need someone to stay with you for 24 hours after surgery.** You may also choose to have numbing drops only, without IV sedation



AT THE SURGERY CENTER / HOSPITAL

- After checking in, you will be brought to the “short stay” area of the surgery center. Your anesthesia provider and your surgeon will speak with you and have you sign consent forms
- You will have an intravenous (IV) line placed in your arm. The sedation usually consists of an anti-anxiety medication called Versed (midazolam) and sometimes an opioid called fentanyl
- You will receive several rounds of eye drops (dilation, numbing, antibiotic)
- You will be at the surgery center for ~1-2 hours. The surgery itself usually takes about 20 minutes

AFTER SURGERY

- It is normal for your eye to be blurry, watery, and have mild discomfort
- You may take ibuprofen (Advil) and acetaminophen (Tylenol)
- Be gentle with your eye – no pushing or rubbing

For 1 week after surgery:

- Wear the protective eye shield any time you're sleeping
- No eye makeup (eyeliner, mascara, eyeshadow)
- No physically strenuous activity (lifting more than 35 lbs)



For 2 weeks after surgery:

- No high-impact sports or activities (skiing, tennis, pickleball, etc.)
- In general, we recommend no traveling more than 2 hours away in case urgent issues arise

For 3 weeks after surgery:

- No swimming underwater (even with goggles on)

It is safe to:

- Shower and bathe like normal
- Read and watch TV
- Walk, be outdoors, do light housework
- Bend over to put on a pair of shoes or pick up something light (<35 lbs)

Can I use my other eye drops?

- Please discuss your specific situation with your surgeon

PLEASE CALL US IMMEDIATELY IF YOU NOTICE SIGNIFICANT WORSENING OF VISION OR PAIN.

**WE ALWAYS HAVE AN MD ON-CALL WHO CAN HELP YOU.
CALL THE MAIN OFFICE LINE AT 603-436-1773.**

THE AFTER-HOURS GREETING WILL INCLUDE THE OPTION TO REACH THE MD ON CALL.

Imprimis / Combo Drop Schedule

IMPRIMIS Prednisolone-Moxifloxacin-Nepafenac



Have Drops Ready: For each eye you will have 1 bottle of Imprimis and 1 bottle of Klarify (if receiving an upgrade). These drops can be picked up at any Eyesight office. Imprimis is not available at the surgery center or your pharmacy.

Morning of Surgery: Starting 1 hour before leaving home, use Imprimis eye drop every 15 minutes for a total of 4 doses. i.e. if you will be leaving home at 9:00 AM, use Imprimis at 8:00, 8:15, 8:30, and 8:45 AM. This applies regardless of your drive time to the surgery center.

Shake bottles before use. The Imprimis drop comes out quickly – tip bottle upside down and wait for drop to come out or tap the bottle gently. **Space out all drops by at least 5 minutes.** Do not share bottles between two eyes.

Beginning **1 HOUR BEFORE LEAVING HOME FOR THE SURGERY CENTER** on _____

1 hour prior	45 minutes prior	30 minutes prior	15 minutes prior
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

After leaving the surgery center, use again at 12:00pm – 4:00pm – 8:00pm



After Surgery: (4 times a day is roughly 8am, 12pm, 4pm, 8pm. 2 times a day is roughly 8am and 8pm)

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
IMPRIMIS	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Week 2	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
IMPRIMIS	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Week 3	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
IMPRIMIS	2 times a day <input type="checkbox"/> <input type="checkbox"/>						

Week 4	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
IMPRIMIS	2 times a day <input type="checkbox"/> <input type="checkbox"/>						

Please bring your eye drops and this schedule to the surgery center and to all follow-up appointments.

Separate Drop Schedule

For each eye you will be prescribed 3 drops to your pharmacy. If receiving an upgrade, you will also receive 1 bottle of Klarify, available at any Eyesight office. Drops are not available at the surgery center.



Morning of Surgery: Starting 1 hour before leaving home, use 1 drop each of the moxifloxacin, prednisolone, and ketorolac every 15 minutes for a total of 4 doses. i.e. if you will be leaving home at 9:00 AM, use the drops at 8:00, 8:15, 8:30, and 8:45 AM. Shake bottles before use. **Space out drops by at least 5 minutes.** Do not share bottles between eyes.

Beginning 1 HOUR BEFORE LEAVING HOME FOR THE SURGERY CENTER on

1 hour prior	45 minutes prior	30 minutes prior	15 minutes prior	After leaving the surgery center, use again at 12:00pm – 4:00pm – 8:00pm
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				

After Surgery: (4 times a day is roughly 8am, 12pm, 4pm, 8pm. 2 times a day is roughly 8am and 8pm)

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Moxifloxacin or Polytrim	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Prednisolone Acetate 1%	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Ketorolac	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Week 2	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Prednisolone Acetate 1%	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Ketorolac	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	4 times a day <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Week 3	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Prednisolone Acetate 1%	2 times a day <input type="checkbox"/> <input type="checkbox"/>						
Ketorolac	2 times a day <input type="checkbox"/> <input type="checkbox"/>						

Week 4	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Prednisolone Acetate 1%	2 times a day <input type="checkbox"/> <input type="checkbox"/>						
Ketorolac	2 times a day <input type="checkbox"/> <input type="checkbox"/>						

It is EXTREMELY important to follow your eyedrop instructions!

NOTE: Your surgeon will discuss the recommended continuation of your eyedrops after 4 weeks

Week 5 & Week 6	Day 29	Day 30	Day 31	Day 32	Day 33	Day 34	Day 35
Prednisolone Acetate 1%	2 times a day <input type="checkbox"/> <input type="checkbox"/>						
Ketorolac Tromethamine	2 times a day <input type="checkbox"/> <input type="checkbox"/>						

Your procedure is scheduled for Coastal Surgical Center. If your procedure location is changed, our office will notify you.

DIRECTIONS

COASTAL SURGICAL CENTER

291 Shattuck Way
Newington, NH 03801
Phone: 603-314-8035



Traveling North: Take I-95 to Exit 4 on the left for US-4/NH-16 toward White Mountains. Keep left, follow signs for Newington/Dover/US-4/NH-16/ White Mountains. Take Exit 4 for Shattuck Way toward Newington Village. Turn right onto Shattuck Way. The surgical center is located 0.7 miles down the road on the right side with ample parking.

Traveling South: Take Spaulding Turnpike/NH-16. Take Exit 4 for US-4/NH-16 N toward Newington Village/Historic Sites/Dover/Concord. Continue 0.2 miles onto Nimble Hill Road and pass under Route 16. Turn right on Shattuck Way. The surgical center is located 1.5 miles down the road on the right side with ample parking.

***You must have** a responsible adult designated to accompany you to and from surgery. You will be asked to identify this person prior to surgery. Do not plan to use taxis, Ubers, or other public transportation for your procedures unless you also have a responsible adult with you.

***Anesthesia requires that someone stay with you for 24 hours after surgery.**

COASTAL
SURGICAL CENTER

UNDERSTANDING THE COSTS RELATED TO YOUR UPCOMING SURGERY

Cataract Surgery Coverage: <ul style="list-style-type: none">- Basic cataract surgery is typically covered by your medical insurance if you have visually significant cataracts that affect your daily life.- This means that the procedure itself is considered medically necessary, and your insurance will help cover the costs.	Copays and Deductibles: <ul style="list-style-type: none">- Even though your surgery may be covered by insurance, you may still have to pay a copay (a fixed fee for the service) and a deductible (the amount you pay out-of-pocket before insurance starts covering costs).- These fees are standard in many insurance plans and apply to various medical procedures, including cataract surgery.
Premium Lens Upgrades: <ul style="list-style-type: none">- If you choose a premium lens upgrade or service such as Optiwave, Toric Lens, Presbyopic Lens or a Light Adjustable Lens (LAL), these options provide additional benefits, such as improved vision at multiple distances.- Since these premium lenses are considered enhancements beyond basic coverage, you will be responsible for the full cost of the upgrade.	Billing Process: <ul style="list-style-type: none">- We will bill your insurance for the cataract surgery, regardless of your lens choice. That is considered the cost of the <u>procedure</u> itself.- However, the costs for the premium lens upgrade will be billed separately, as they are <u>not covered</u> by insurance.

Concerned about coverage? Contact your insurance plan prior to surgery.

This is always the BEST way to ensure you will not have unexpected charges after your procedure, particularly for copays and deductibles. **You will receive charges from BOTH Eyesight AND the SURGICAL CENTER.** Your insurance plan will need to know the following:

What is the CPT code for your procedure? (this code is used for both the physician and surgery center)

66984 - Cataract Surgery or 66982 for Complex Cataract Surgery

For Glaucoma patients :

iStent or Hydrus: 66991 for Standard or 66989 for Complex

Goniotomy: 65820 - Incision Procedures on the Anterior Chamber of the Eye

iDose: 0660T

At the surgery center, for pain after surgery and to minimize inflammation, your surgeon may use:

Dextenza (a dexamethasone insert) -J1096 (4 units)

and

Iheezo (anti-inflammatory) - J2403 (800 units)

What is the NPI number of the practice?

Eyesight Ophthalmic Services (for physician fees, follow up care, evaluations, etc.)

NPI: 1073736310

Coastal Surgical Center (for surgery, lenses, etc.)

NPI: 1336713890

They will likely provide you with a reference number. Please write that number down:

Reference / Prior Authorization Number _____



SURGICAL FEE SCHEDULE (PER EYE)



BASIC CATARACT PACKAGE (per eye)

This is the best option if you do not mind wearing glasses after cataract surgery. Most of the costs of Basic Cataract Surgery are covered by Medicare and other insurance companies. However, in addition to any deductibles, copayments and coinsurances required by the insurance company, the patient may have financial responsibility for additional testing recommended by their surgeon

	STANDARD	POST-LASIK	SELF PAY
EYESIGHT FEES			
PHYSICIAN SURGICAL FEE	Insurance fees	Insurance fees	\$ 2,000.00
EXAM FEE (collected during the 1st pre-operative exam)	Insurance fees	Insurance fees	\$ 500.00
TOTAL COLLECTED BY EYESIGHT	\$ Insurance Fees	\$ Insurance Fees	\$ 2,500.00
COASTAL SURGICAL CENTER FEES			
FACILITY FEE	Insurance fees	Insurance fees	\$ 1,400.00
LENS FEE	Insurance fees	Insurance fees	\$ 65.00
ANESTHESIA FEE	Insurance fees	Insurance fees	\$ 560.00
TOTAL COLLECTED BY COASTAL SURGICAL CENTER	\$ Insurance Fees	\$ Insurance Fees	\$ 2,025.00
TOTAL FEES FOR BASIC CATARACT by Eyesight & Coastal Surgical Center	\$ Insurance Fees	\$ Insurance Fees	\$ 4,525.00

Includes: Pre and Intraoperative Planning and 3 months of postoperative care. **Patient Responsibility:** Insurance deductible, co-pay & coinsurance, and pre/post-operative eyedrops.

CREDIT CARD POLICY AT COASTAL SURGICAL CENTER: At the time of registration, they'll ask for a credit card and store the info safely. After your insurance pays its part, you'll have 30 days to pay what's left. If you don't, they'll charge the card you gave them.. Co-pays must be paid at the time of visit.

SURGERY CONTACT INFORMATION

Coastal Surgical Center - 291 Shattuck Way, Newington NH	603-314-8035 (before 4:30pm)
Wentworth Douglass Hospital – 789 Central Avenue, Dover NH	603-740-2281 (after 6pm 603-740-2433)
Frisbie Memorial Hospital - 11 Whitehall Road, Rochester NH	603-330-8936 (after 5pm 603-332-5211)
Exeter Hospital - 5 Alumni Drive, Exeter NH	603-580-7568 (before 4:30pm)

Or contact your Eyesight surgical coordinator if you have any questions by [dialing 603-501-7868](tel:603-501-7868) and the extension

PORTSMOUTH COORDINATORS:

Sandy x230

EXETER COORDINATORS:

Heather x317

SOMERSWORTH COORDINATORS:

Cassie x263 Kimberly x541 Leah S. x631

KITTERY COORDINATORS:

Leah S. x631 Rebecca. X540

Patient: _____

AUTHORIZATION TO PERFORM SERVICES - Cataract Surgery with an upgrade

1. I have requested that my physician at Eyesight Ophthalmic Services perform my cataract surgery at Coastal Surgical Center. My lens selection is initialed below
2. I understand that should I choose Optiwave, Toric/Astigmatism Reducing or Presbyopia reducing upgraded lenses, **they are not covered benefits by my insurance company** and will not be paid for by my insurance company.
3. My insurance will only be billed for basic surgery procedures, which do not include the extra costs for the lens implants or the extra professional fees associated with the planning and execution of the surgery. The surgery center will bill my insurance for the basic cataract items, and I will be responsible for the extra costs associated with the upgraded lens implant itself. The fee for the professional component of the upgraded surgery due to Eyesight will be: (please circle and initial below):

	Optiwave Enhanced Vision	Toric Astigmatism Reducing	Presbyopia Reducing	Light Adjustable Lens (LAL or LAL+)	Basic Lens
Standard	\$ 1,050.00	\$ 1,950.00	\$ 2,450.00	\$ 3,300.00	Insurance deductible & copayment fees
Post Refractive Surgery	\$ 1,050.00	\$ 2,250.00	\$ 2,750.00	\$ 3,300.00	
Self-Pay/Cosmetic	\$ 3,050.00	\$ 3,950.00	\$ 4,450.00	\$ 5,300.00	\$ 2,000.00

I CHOOSE THE FOLLOWING:

If chosen, initial above *If chosen, initial above*

Payable to Eyesight Ophthalmic Services **one week prior** to the surgical procedure. The amount may be paid in the form of cash, credit card or check. Extended and interest free financing options may be available through Care Credit (www.CareCredit.com).

My signature below indicates that I agree to accept responsibility for payment for the upgrade, if I have selected an upgrade, and will not seek payment from my insurance company.

I understand that my permission is voluntary, that I may withdraw consent at any time, without prejudice to my present or future care at Eyesight Ophthalmic Services.

In addition, I understand that no surgical procedure can be guaranteed, and that during surgery unforeseeable circumstances may arise. If I have chosen an Advanced lens, and should medical opinion dictate that the Advanced lens should not be implanted, I will be billed for basic cataract surgery.

SIGNATURE OF PATIENT

SIGNATURE OF WITNESS

DATE

DATE

Surgery Date _____ OD (right eye)

Lens: Monofocal Toric Panoptix-Panoptix Toric Vivity-Vivity Toric Optiwave Analysis LAL LAL+ BASIC

Surgery Date _____ OS (left eye)

Lens: Monofocal Toric Panoptix-Panoptix Toric Vivity-Vivity Toric Optiwave Analysis LAL LAL+ BASIC

Cataract Surgery with Advanced Presbyopia, Monofocal, Toric, or Light Adjustable Intraocular Lens

Health Plan Denials and Personal Obligation / Cash Pay

Your carrier will only pay the surgery center if the services you receive are covered under the terms and conditions of your Health Plan. Your benefits may be denied or reduced by your plan if the plan believes:

• the services are not medically necessary;	• the services are not ordered/performed by a participating physician;
• the procedure or test is a non-covered service	• the services are not provided in a participating facility;
• health plan pre-authorization requirements were not met:	• the insurance plan does not provide benefits for the patient.

Health Plans review surgical services to determine if the services are covered under policy benefits. The term "Medically Necessary," for most plans usually means services which are:

- appropriate and necessary for the symptoms, diagnosis or treatment of a medical condition
- within recognized standards of medical practice
- not primarily for the convenience of the member, the member's family and/or the physician
- the least costly of alternative supplies or levels of service, which can be safely and effectively provided the patient

At this time, the specialty lens that will be used for your surgery is not a covered service by your healthcare plan. Payment for the lens must be received at least 1 week prior to the date of your surgery for the following amounts: **Please initial below your choice:**

Per eye prices		BASIC AND / OR OPTIWAVE ENHANCED			PRESBYOPIA REDUCTION		
		STANDARD	POST-LASIK	SELF PAY	STANDARD	POST-LASIK	SELF PAY
FACILITY FEE	Insurance fees	Insurance fees		\$ 1,400.00	Insurance fees	Insurance fees	\$ 1,400.00
LENS FEE	Insurance fees	Insurance fees		\$ 65.00	\$ 950.00	\$ 950.00	\$ 950.00
ANESTHESIA FEE	Insurance fees	Insurance fees		\$ 560.00	Insurance fees	Insurance fees	\$ 560.00
TOTAL	Insurance fees	Insurance fees		\$ 2,025.00	\$ 950.00	\$ 950.00	\$ 2,910.00
		ASTIGMATISM / TORIC			LIGHT ADJUSTABLE LENS		
		STANDARD	POST-LASIK	SELF PAY	STANDARD	SELF PAY	
FACILITY FEE	Insurance fees	Insurance fees		\$ 1,400.00	Insurance fees	\$ 1,400.00	
LENS FEE	\$ 450.00	\$ 450.00		\$ 450.00	\$ 1,100.00	\$ 1,100.00	
ANESTHESIA FEE	Insurance fees	Insurance fees		\$ 560.00	Insurance fees	\$ 560.00	
TOTAL	\$ 450.00	\$ 450.00		\$ 2,410.00	\$ 1,100.00	\$ 3,060.00	
+ Insurance fees	+ Insurance fees			+ Insurance fees			

Your financial agreement with the surgery center is to pay for all services you receive, even those denied by your Health Plan. This agreement is a promise to pay for all services, to the extent not paid by some other party on your behalf

The undersigned certifies that he/she has read the above, accepts financial responsibility for amounts listed above, and is the patient, the patient's agent, insured or guarantor.

Patient, Insured or Guarantor

Name of Patient

Witness

Date

PAYMENT IS DUE A MINIMUM OF 1 WEEK PRIOR TO SURGERY – COASTAL SURGICAL WILL CONTACT YOU TO COLLECT PAYMENT

PAYMENT OPTIONS: Interest-free financing available for up to 24 months and extended payment plans are available through www.CareCredit.com. We also accept MasterCard, Visa, Discover, American Express, Cash or Check to COASTAL SURGICAL CENTER.

Your family of Eyesight staff is here to assist you with every aspect of caring for your eyes.



Lucian
Szmyd, MD



Kinley
Beck, MD



Christopher
Turner, OD



Warren
Goldblatt, MD



Jennifer
Ling, MD



Lauren
McLoughlin, OD



N. Timothy
Peters, MD



Jason
Szelog, MD



Janet
Rand, OD



Marsha
Kavanagh, MD



Nathaniel
Sears, MD



Renee
Lynch, OD



Timothy
Sullivan, MD



Dana
Graichen, MD



Hilary
Hamer, OD



Claudia
Bartolini, MD



Dwight
Arvidson, OD

Greg
Marrow, OD

PORTSMOUTH

155 Borthwick Avenue, Suite 200 East - Portsmouth, NH 03801
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SOMERSWORTH

267 Route 108 - Somersworth, NH 03878
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EXETER

McReel Building-192 Water Street - Exeter, NH 03833
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KITTERY, ME

99 US-1, Suite B - Kittery, ME 03904
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272 Cottage Street – Sanford, ME 04073
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www.EyesightNH.com