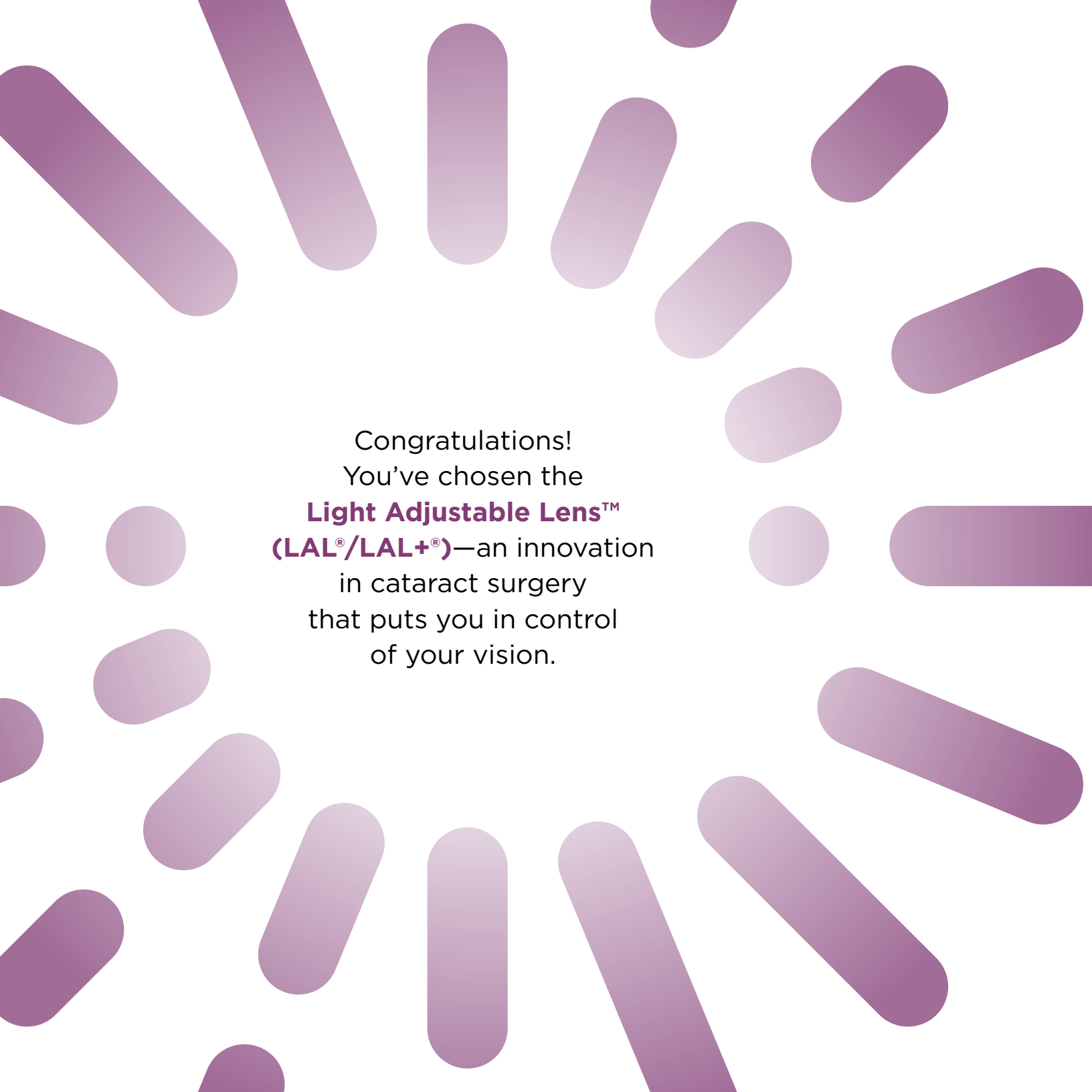


Postoperative Guide

Light
Adjustable
Lens™

Light
Adjustable
Lens+™





Congratulations!
You've chosen the
Light Adjustable Lens™
(LAL®/LAL+®)—an innovation
in cataract surgery
that puts you in control
of your vision.

With the Light Adjustable Lens, you're in control. Preview your vision after surgery, fine-tune it to match your lifestyle, and achieve results with confidence. This guide will help you navigate your journey to personalized vision.



PHASE 1

Postoperative Healing



PHASE 2

Vision Customization



PHASE 3

Lock-In

PHASE 1

Postoperative Healing

It's normal for vision to be blurry or hazy for a few days while your eye heals, and the dilation drops wear off. You may also feel mild irritation, which is part of the healing process.

Healing takes time, but in the weeks ahead, your vision will improve. You'll soon be able to experience your vision first-hand, and assess it with your goals in mind.

If you want to refine your vision further, you're all set—you chose the Light Adjustable Lens, so adjustments are still ahead!

Appointment Overview

Pre-adjustment appointments check your vision and healing, usually without needing dilation. Your eye's prescription may also be measured for future comparison. Once your vision stabilizes, we'll begin conversations about adjusting the lens to meet your vision goals.

Recovery

A smooth recovery starts with proper care. These items will aid healing and protect your eyes. Follow the guidance of your eye care team for optimal recovery.

RxSight®

UV-Protective Glasses

Your lens includes built-in UV protection and you'll receive three pairs of UV-protective glasses (tinted, clear, and clear readers) for extra protection immediately after surgery. Wear the glasses as instructed and contact your eye care team if you need help adjusting them.



Eye Drops

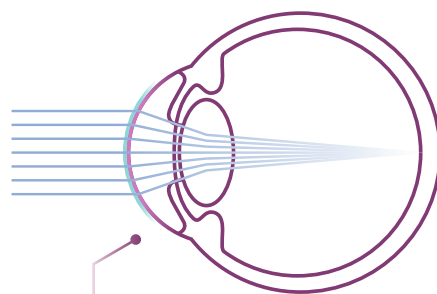
After any type of eye surgery, swelling and inflammation are a natural part of the healing process. The eye and your vision need time to recover. It's important to follow your surgical eye care team's drop instructions (if prescribed) for optimal healing.

Prescription drops prevent infection and promote healing. The exact regimen is set by your doctor; check with their office for specific instructions.

Artificial tears may be recommended to maintain a healthy eye surface. Consult your eye care team for recommended brands or therapies.

Dry eye can impact the accuracy of measurements and may need to be controlled before treatment. At your next scheduled visit, let your eye care team know if you're experiencing:

- Fluctuating vision that clears with blinking or drops
- Shadowing of vision
- Sensation of something in the eye
- Irritation
- Redness
- Watery eyes



A healthy tear layer and smooth front surface of the eye are key to clear vision

PHASE 2

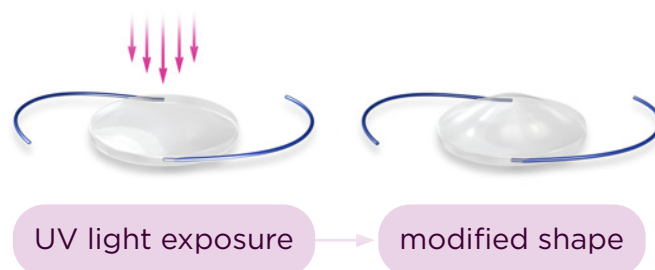
Vision Customization

It's time to customize your vision! You and your doctor will evaluate how your vision is healing and how closely it aligns with your goals. Your feedback will influence any adjustments needed to meet your vision goals.

Achieving your ideal vision is a shared process that may involve some adjustments until the right balance is found. Personalizing your vision may mean blending priorities for the result that suits your lifestyle.

How the Light Adjustable Lens Works

The Light Adjustable Lens has special light-sensitive molecules that allow it to be adjusted after surgery. With a quick, gentle treatment, a controlled beam of UV light from the Light Delivery Device™ (LDD™) is used to customize the lens shape and power, which determines how your eye focuses.



Light Treatment Schedule

UV light treatments will be performed in your doctor's office after your eye has healed. Your eye care team will determine when your eye is ready for the first treatment. This is typically three weeks, at a minimum. If you need more time before the next adjustment or lock-in, consult your eye care team.

Depending on your desired visual outcome, you may have 1-3 light treatments, followed by two "lock-in" treatments to prevent further changes.

Light Delivery Device Appointment Overview

Before the appointment:

- Use all drops as prescribed
- Arrange for a ride after your appointment

During the appointment you will:

- Discuss your daily routine and vision goals
- Check your vision using the eye chart
- Have your eyes' prescriptions verified
- Get an eye health evaluation
- Have your eyes dilated—this may require a few sets of drops



Initial Light Treatment

Additional Light Treatments
(as desired)

Lock-In Treatments
(two required)

Navigating the LDD Treatment

Treatment Preparation



Numbing drops will be applied, and the untreated eye will be patched to help the treated eye focus on the procedure.



A gel will be placed on a contact lens. The doctor will hold it up to your numbed eye.



You will be comfortably positioned at the LDD with adjustments to the chair, table, or chin rest. Hold on to the table's handles to keep steady during treatment.



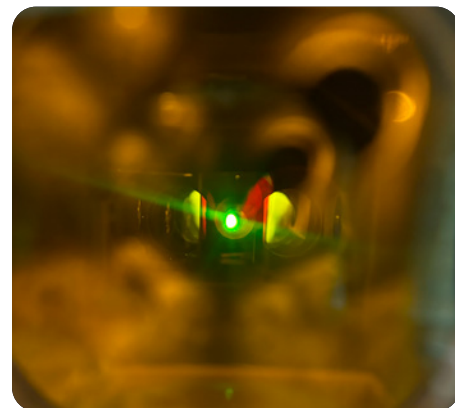
Treatment Delivery



The team will confirm your treatment information in the LDD and position the contact lens on your numbed eye, where you may feel cool gel and light pressure.



On average, the LDD treatment lasts around 90 seconds. You will experience two lights: a bright light and a blinking light. Focus on the blinking light. As the treatment begins, you will experience the bright light while the blinking light may seem to fade at times. Breathe calmly through your nose—your treatment team has everything under control. They are maintaining your alignment. On occasion, you will hear a countdown beep.



Treatment Completion

Upon completion, the contact lens is removed and your treatment team will advise you to sit back. Please use caution as your vision may be blurry immediately afterwards from the gel and dilation. It can take a few days for the treatment to take full effect.

After the LDD treatment, resume activities as you feel comfortable and track your vision to discuss with your eye care team during your next visit.

Tips for Assessing Your Vision

Keep Using Your Drops

Be sure to continue your doctor-issued eye drops to achieve the best results.

Test Vision with Both Eyes Open

Check how your vision works together with both eyes open. Try not to compare your two eyes as they are intended to work together as a unit.

Assess in Real-Life Situations

Note your vision at work and home, and consider your everyday needs. Make sure to try your favorite hobbies.

Test in Different Environments

Try your vision in different lighting and at various distances.

Take Notes

Write down any changes or concerns to discuss with your eye care team.

Be Patient

It may take a few visits to reach your vision goals. *Remember, your new lenses are different from your natural lenses, and it will take time to find comfort in your new visual system.*



PHASE 3

Lock-in

Your journey with the Light Adjustable Lens has reached an exciting milestone: locking in your customized vision!

Once your vision matches your lifestyle, two lock-in treatments will permanently secure your results using the same process as the adjustments. The lock-in treatments may appear brighter than your previous light treatments. Your vision may need some time to stabilize after the lock-in treatments. You may notice a red or pink hue after a lock-in treatment. This is not uncommon and generally fades in a few days. Continue to follow your eye care team's instructions, including drops as prescribed.

You can remove your RxSight UV-protective glasses 24 hours after your last lock-in treatment. **Congratulations—enjoy your new vision!**



Your Vision, Your Way

Pre-Adjustment Activity Guide





















Before each light treatment appointment, think about the activities you do daily and how your vision feels for each one. List your most important visual activities, then rate how satisfied you are with your vision using the emojis. This will help your doctor fine-tune your vision to best fit your lifestyle!

How to Use This Guide:

- Write down activities that matter to you (e.g., reading, driving, using a computer).
- Rate how well you see for each activity using the emojis.
- Bring this sheet to your adjustment appointment.

Consider your vision since your last visit.

Today's date: _____

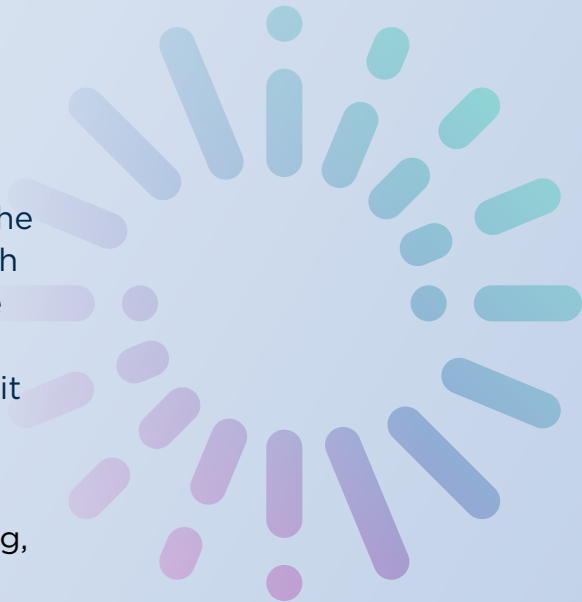
Activity (What do you want to see clearly?)	Current Vision Rating (How well can you see now?)				
Example: Driving					
					
					
					

Have you experienced any of the following?

☐ Watery eyes





















☐ Irritated eyes

☐ Fluctuation of vision



Consider your vision since your last visit.

Today's date: _____





















Activity (What do you want to see clearly?)	Current Vision Rating (How well can you see now?)				
					
					
					
					

Have you experienced any of the following?

- ☐ Watery eyes
- ☐ Irritated eyes
- ☐ Fluctuation of vision

Consider your vision since your last visit.

Today's date: _____





















Activity (What do you want to see clearly?)	Current Vision Rating (How well can you see now?)				
					
					
					
					

Have you experienced any of the following?

- ☐ Watery eyes
- ☐ Irritated eyes
- ☐ Fluctuation of vision

Consider your vision since your last visit.

Today's date: _____





















Activity (What do you want to see clearly?)	Current Vision Rating (How well can you see now?)				
					
					
					
					

Have you experienced any of the following?

- ☐ Watery eyes
- ☐ Irritated eyes
- ☐ Fluctuation of vision

Consider your vision since your last visit.

Today's date: _____

Activity (What do you want to see clearly?)	Current Vision Rating (How well can you see now?)				
					
					
					
					

Have you experienced any of the following?

- ☐ Watery eyes
- ☐ Irritated eyes
- ☐ Fluctuation of vision

NOTES

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