

Please bring this book with you to all appointments.

PREPARING FOR YOUR CATARACT PROCEDURE BEFORE / DURING /AFTER

Name:		DOB:		
Vari have been calculated for \square		Lio Olimana M		
You have been scheduled for \Box R	RIGHT LEFT e	ye surgery.		
DATE OF SURGERY:		Surgeon:		
ARRIVAL TIME: Eyesight does the surgery center the day before you called 1-2 weeks prior to surgery surgery center by 3:30pm the day 314-8035 to get your time.	our procedure with you to go over your med	ur expected arriva ical history. If ye	al time. You will also be ou have not heard from the	
Note: The first 2 pages of this boo	ok offer a convenien	t overview of ite	ms covered in this book.	
SURGERY CENTER / LOCATION	OF SURGERY:			
Coastal Surgical Center -	– 291 Shattuck Way,	Newington NH		
Wentworth Dou	s: al Hospital - 11 Whiteha glass Hospital - 789 Ce - 5 Alumni Drive, Exete	ntral Avenue, Dove		
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PREPARING FOR YOUR CATARACT EVALUATION

By now, you've met with a counselor for a pre-evaluation to discuss lens options. Our premium lenses may significantly reduce or eliminate your need for glasses, which will be further addressed during your full evaluation with the doctor. They will review test results from your pre-evaluation, which include:

- **Biometry Tests:** To calculate the power of the artificial lens that will be implanted.
- Optical Coherence Tomography (OCT): To assess the health of your macula.
- **Corneal Topography:** A color-coded map that shows the shape and contour of your cornea. This test is especially important for patients with astigmatism, previous LASIK, or those considering premium lenses.

WHAT TO BRING TO YOUR CATARACT EVALUATION:

- This Book with Your Consent Forms: Pages 16, 17 and the Informed consent pages in the back. PLEASE FILL THIS OUT COMPLETELY UNTIL YOU REACH THE "STOP SIGN" PAGE, which is labeled "Lens Choice and Informed Consent for Cataract Surgery".
- **Medication List:** Include all prescriptions, over-the-counter meds, vitamins, and supplements.
- Provider Contact Info: Your Primary Care Provider (PCP) as well as your Cardiologist (if you have one). We may need to contact them to better understand your medications or overall health.
- **List of Concerns:** Note any vision or health issues, even if they seem unrelated.
- **Support Person:** Having someone with you can help remember important information.
- **Transportation:** If unsure about driving post-dilation, plan for a ride. Dilation can cause light sensitivity and blurred near vision.
- **Eye Drops:** Use artificial tears if you have dry eyes to improve testing outcomes.
- **Documentation:** Bring any necessary health proxy, power of attorney, or translator documents.

DURING YOUR 60-90 MINUTE CATARACT EVALUATION, EXPECT:

- A review of your medical history and any family eye conditions.
- A vision test, including reading a chart and a slit lamp exam.
- Additional tests if necessary
- Dilation eye drops will be administered.
- Cornea (outside surface of eye) measurements will be taken. To ensure accurate measurements, please do not wear contact lenses prior to this appointment. Wear glasses only:
 - Soft lenses: remove 5 days prior.
 - Toric lenses: remove 14 days prior.
 - Hard lenses: remove 3 weeks prior.

At the end of your evaluation, you may be meeting with a surgical coordinator. If you do not meet with a coordinator, expect a call within two weeks to discuss your surgery options and the possibility of scheduling surgery date(s) with follow-up appointments.

SURGERY CHECKLIST

SCHEDULING SURGERY

- Make sure you know the date(s) for your surgery.
 - o If you are only having one eye treated, you should have 1 copy of this book.
 - o If you are having 2 eyes treated, you should have 2 copies of this book.
- Make sure you know the date / time location of your follow-up appointments. You will have 1 or 2 follow-up appointments already scheduled after EACH surgery date.
 - o 1st post-op appointment either the same day of surgery or the day after.
 - This appointment will be with your surgeon in one of our Eyesight offices.
 - 2nd post-op appointment 2-5 weeks following surgery.
 - This appointment will be with a doctor in one of our Eyesight offices.
- Make sure you have turned in all your consent forms. We cannot schedule your surgery until you have signed:
 - o "Informed Consent for Cataract Surgery".
 - "Lens Choice and Informed Consent for Cataract Surgery" (this was the form you signed with your surgeon at your Cataract Evaluation).
 - Additional forms, such as <u>Health Plan Denials and Personal Obligation / Cash Pay (pg. 17)</u>, may be required if you do not have insurance or <u>Authorization to Perform Services</u> (pg. 16) for premium packages.
- If you have a Health Proxy, DPOA (dual power of attorney), require a translator, or need additional support for surgery, please make sure we have this information on file.
- If you have a cardiologist or a PCP who needs to approve your surgery, please make sure we have their contact information and/or written documentation authorizing you to proceed with surgery.

1- 2 WEEKS PRIOR TO SURGERY

- Arrange to pay for any out-of-pocket payments that may be necessary (premium lens packages).
 - Eyesight will collect physician fees.
 - The surgical center will collect facility and lens fees.
- Make sure you have your pre/post operative eyedrops.
 - Imprimis (available at any Eyesight location) or 3 prescriptions (called into your pharmacy).
 - Klarity compounded lubricating drops or lubricating over the counter eyedrops (only for premium lenses).
 - Any ocular ointments that may have been called in (usually for glaucoma or retina combined procedures).
- 1 week prior to surgery, stop taking Ozempic or other weight loss semaglutides.
- Be prepared to receive a call from a nurse at the surgical center.
 - They will discuss your medical history as well as the current prescriptions and medications you are using.
 - They will review pre and post-surgery information.

1-2 BUSINESS DAYS PRIOR TO SURGERY

You will receive a call from the surgical center with your arrival time and to answer medical related questions.

DAY BEFORE SURGERY

- Review page 4-6 of this book for complete instructions.
- Do not eat or drink anything after midnight or your surgery will be postponed. Medications may be taken with a SIP of water. Please verify this with the nurse who contacts you prior to surgery.
- Be prepared to use your eyedrops in the morning (see page 9 or 10 of this book).

PRIOR TO CATARACT SURGERY

After cataract surgery, patients need to use several different prescription eye drops to help prevent infection, reduce inflammation, and manage discomfort. These drops are usually taken on different schedules, which can be confusing. To make things easier, we offer a convenient option called Imprimis—a single eye drop that combines all the necessary medications into one. This helps simplify your routine and makes it easier to follow the treatment plan.

- **Imprimis is not covered by insurance**, but the cost is typically similar to what you'd pay in copays for three separate prescription drops.
- If you've selected an **upgraded lens package**, Imprimis is included at no additional cost.
- If you've selected the Basic Lens package, Imprimis must be purchased separately before surgery.
- Regardless of whether you are using Imprimis or traditional prescription drops, all eye drops must be picked up before your surgery. Imprimis is available for purchase or pickup at the front desk of any Eyesight location.

START THE IMPRIMIS DROPS ON:

in the____<mark>eye <u>only</u>.</mark>

- Beginning 1 hour BEFORE YOU LEAVE HOME, (regardless of how long it takes you to get to the surgery center) use the Imprimis eyedrops every 15 minutes for a total of 4 times. i.e., if you leave home at 9:00am, you would use the IMPRIMIS eyedrops at 8:00, 8:15, 8:30 and 8:45.
 - Note: Shake eye drop bottle well prior to use. Note that it is only necessary to use 1 drop at a time from the bottle *regardless of what the package insert says*.
- Bring your eye drops and Surgery Drop Schedule to all follow-up appointments.
- Please follow the eye drop chart you were instructed to use in this book on pages 9 or 10.

If you are using the 3 prescribed eyedrops (<u>NOT IMPRIMIS eyedrops</u>), please follow the eyedrop instructions on page 10 of this document.

If you regularly use other prescription eyedrops, please consult with your surgeon regarding their use before or after, surgery. If you use Xiidra, Restasis or Cequa, use 1 drop the morning of surgery, and then resume 1 WEEK AFTER SURGERY.

SURGERY PREPARATION

- Designated Driver: You must have a responsible adult to accompany you to and from surgery.
- o If you are receiving an Optiwave, Toric, or Presbyopic lens: Stop wearing contact lenses 7 days before surgery (or 3 weeks for rigid/gas permeable lenses).
- If you are receiving a Basic or Light Adjustable lens: You may wear contact lenses until the night before surgery.
- On the night before surgery take a bath or shower and wash your hair thoroughly. In the morning, wash your face with soap and water and make sure you remove any mascara or eyeliner.
- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY! This
 includes coffee, toast, juice, gum etc.
- Take your usual morning medications with <u>a sip</u> of water. If you take INSULIN or DIABETIC medication, the intake nurse from the surgery center will provide instructions on how and when to take your medication. As always, bring your insulin with you to surgery.
- o If you use Ozempic or weight loss semaglutides, please stop using them 1 week before surgery.
- BRING SUNGLASSES and/or GLASSES (if you wear prescription lenses), YOUR SURGERY BAG, and EYE DROPS WITH YOU TO SURGERY.
- Wear loose-fitting clothing, slip on shoes (no boots), and a BUTTON-DOWN SHIRT to your surgery.
 No makeup, any jewelry, nail polish, hairspray, perfume/cologne, or lotions. Deodorant is ok.
- There are usually <u>no medication restrictions for cataract surgery</u>. Blood thinners (aspirin, Plavix, etc.) are usually okay unless you are told otherwise by your surgeon

DURING CATARACT SURGERY

You must have a responsible adult designated to accompany you to and from surgery. You will be at the surgery center for 1-2 hours.

After check-in, you will then be brought to the "short stay" area of the operating room. Many people, (doctors and nurses alike) will speak with you, and several consent forms must be signed.

An intravenous line will be placed in your arm and several eye drops will be placed in your eye(s). You will then be brought to the operating room, and you will be given oxygen and given medication through an intravenous line to relax you.

You will be partially sedated during the procedure. The eye and skin around the eye will be cleaned and a drape will be placed over your body exposing only the operated eye. The actual procedure is usually brief – roughly 20 minutes. Recovery is fairly quick and, once cleared by the medical team, you will be ready to go home and rest.

You will have an appointment shortly after surgery and then a few weeks to a month later. You will need to pick up your prescriptions at your pharmacy or Imprimis eyedrops at our office <u>prior to surgery</u>. You will take these drops in the operated eye for 2-6 weeks depending on your recovery.

AFTER CATARACT SURGERY

- 1. We prefer that you refrain from most activities for the rest of the day, and that someone stays with you until the day after surgery. Your eye may be slightly sore, itchy, scratchy, or feel a little watery.
- 2. Your vision may be blurry the day of surgery, and IT MAY TAKE SEVERAL DAYS FOR YOUR VISION TO CLEAR. If your eye is patched, we prefer that you keep the eye patch on, unless otherwise directed.
- 3. If you have both eyes done within a short period of time, YOU MAY NOTICE ONE EYE HEALING MORE QUICKLY AND SEEING BETTER AT A FASTER RATE. Each surgery may seem like a different experience. This is not unusual. You may need glasses to improve your vision for distance as well as up-close.
- 4. Wear sunglasses or glasses for <u>1 week when outdoors</u>. Use your own discretion when indoors It IS SAFE to wear your old glasses. *Note:* Light Adjustable Lens (LAL) patients MUST wear the 100% UV protecting sunglasses / clear glasses or clear bifocals outdoors or wherever exposed to UV.

Daytime – regular glasses or sunglasses Bedtime/Naps – Eye Shield

When putting on your eye shield, place the "arm" above your nose and place a piece of tape above and below so you can still see through it.

If you are provided with an eyepatch instead of a shield, the eyepatch is not clear to see through, but should be taped on the face in the same manner.



Eye patch Eye shield

No restrictions on bathing, showering, shampooing hair, having a permanent, or drying your hair, BUT **NO swimming** underwater for 3 weeks. **No eye makeup** for one week.

5. YOU MAY travel in an airplane, read, and watch T.V.

- **6. YOU MAY** bend over to put on shoes, socks, or pick up things (NOT OVER 35lbs.)
- 7. YOU MAY sleep in any position.

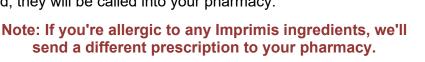
Imprimis

- **8.** Occasionally, your vision may be good enough to drive as soon as the day after surgery. Ask your surgeon if you are not sure. Please be aware that your eye may stay dilated for 1 to 2 days after surgery.
- **9.** Please refrain from any vigorous physical activity that might increase your chances of falling and hitting your "operated" eye (such as skiing, skating, tennis, etc.) for **1 WEEK**. It is okay for you to take a walk or play golf as long as you are wearing eye protection. If you are unsure, please ask.
- **10.** It is not unusual to experience watering, a foreign body or a scratchy sensation for the first few weeks after surgery as the eye heals. It will improve with time.
- **11.** While it is okay to use lubricant eye drops, i.e. "artificial tears", please do not begin using them until at least 1 week after surgery. **If you had a premium lens implant or Optiwave**, you were provided with a compounded lubricating drop called Klarity. This should be used TWICE A DAY (am and pm), beginning 1 WEEK AFTER SURGERY. Use the Klarity drops until the bottles are gone.

<u>PLEASE CALL THE OFFICE AS SOON AS POSSIBLE</u> if you experience sudden intense pain or a dramatic change of vision in the "operated" eye.

MEDICATIONS

- Most patients will receive Imprimis eye drops, which contain Prednisolone Acetate, Moxifloxacin, and Nepafenac. These can be picked up at any Eyesight office during regular hours.
- For Basic Lens procedures, you'll need to <u>purchase</u> one bottle of Imprimis per eye or fill your prescribed eyedrops. A majority of patients will have increased symptoms of dry eye after surgery, so we also recommend over the counter lubricating eyedrops, especially if you are having surgery on both eyes.
- For Optiwave or Premium Lens procedures, you'll receive both Imprimis and Klarity lubricating drops (one bottle per eye) after your payment is processed. If additional prescriptions, such as ointments, are required, they will be called into your pharmacy.





- Post-Surgery Eye Drop Instructions After surgery, use Imprimis in the operated eye four times a day (e.g., 8 am, 12 pm, 4 pm, and 8 pm) for 14 days. If advised by your doctor, reduce it to twice daily (morning and night). You'll likely need to use the drops for at least four weeks, but your doctor will inform you of any adjustments. One bottle per eye should suffice, and your surgeon will let you know if you need more. Wait 5 minutes between different drops.
- **Reminder**: Bring all your eyedrops, ocular ointments (if prescribed) and surgery instructions to your surgery and all follow-up appointments.
- Refilling Prescriptions If you run out of Imprimis, or if you would like to purchase more Klarity, you
 can get more at any Eyesight location. If you need to refill your prescriptions at the pharmacy, a refill
 authorization was already sent.

If you regularly use other prescription eyedrops, such as Restasis, Xiidra or Cequa, please consult with your surgeon regarding their use before or after surgery.



ADDITIONAL POST-OPERATIVE CARE INSTRUCTIONS FOR

LIGHT ADJUSTABLE (LAL and LAL+) patients only

The Light Adjustable Lens (LAL®) is made of a special photosensitive material that changes the shape and power of the implanted lens in response to ultraviolet (UV) light. The light treatments are delivered by a Light Delivery Device (LDD), which is done at Eyesight. What makes the Light Adjustable Lens so unique is that these changes are made to the lens <u>after</u> it has been implanted in your eye and you have healed from surgery.

MEDICATED EYEDROPS: You will start using medicated eyedrops the morning of surgery. Depending on what your surgeon recommended, these will be either Imprimis or 3 different prescriptions called into your pharmacy. Please see your surgery instructions and eyedrop schedule provided to you when you scheduled surgery.

KLARITY LUBRICATING DROPS: Whether you have one or both eyes treated, after completing your LAL procedure(s), you will begin using specially formulated lubricating drops (Klarity). Klarity should be started one week after surgery. Use Klarity twice daily (morning and evening) in each surgical eye until the bottles are finished. You will receive one bottle per eye. If you lose your bottle, or if you want more, replacements are available for purchase at any of our Eyesight locations.

Your UV-blocking sunglasses are imperative to your success!

3 pairs of 100% UV-blocking glasses will be provided to you at the time of surgery (sunglasses, clear glasses, and bifocals). These glasses will protect the Light Adjustable Lens from UV light sources other than the LDD that your doctor will use to optimize your vision. Exposing the Light Adjustable Lens to other UV light sources can potentially change the lens correction in an uncontrolled manner. If you do not wear the provided UV-blocking eyewear, your vision may not improve, or it could get worse.

How long do I have to wear the UV-blocking glasses?

The UV-blocking glasses should be worn **outside at all times**, or if you are in a room with windows that may expose you to sunlight, until your eye doctor tells you that you no longer need to wear them (usually 24 hours after your <u>final</u> light treatment). Total wear is typically about 4-5 weeks in duration; however, this may vary depending on the number of light treatments delivered.

Can I wear my regular sunglasses that have UV protection?

No. You should only wear the UV-blocking glasses provided to you. These glasses have a special protective coating that no other glasses have.

What happens if I lose or break my UV-blocking glasses?

Please notify your eye doctor/clinic as soon as possible if one of your UV-blocking glasses are lost, damaged or unwearable, and then continue to wear the other pair. If both pairs are lost or damaged, wear the darkest sunglasses you have and contact your eye doctor/clinic. All of our offices carry extra supplies, so please notify us if you need to pick up replacements.



What are my limitations after surgery?

Sports - Your eye doctor will advise you when you can return to sports. Your return to more impactful activities may need to be delayed until all light treatments are complete to guarantee a stable Light Adjustable Lens for light treatments.

Tanning Studio - A tanning studio bed is a very strong source of UV light and should be avoided until all light treatments are complete and you have been advised that you can remove your UV-blocking glasses.

Makeup - You can return to wearing eye makeup within a week. Be careful when removing eye make-up and do not place excessive pressure on the eye. Permanent make-up should be delayed until the eye is considered fully healed by your eye doctor.

Travel - Travel is not impacted. Be sure to remember to bring all of your UV-blocking glasses with you. Be particularly diligent in protecting the eyes from UV sources in unfamiliar environment.

Work - Work is not impacted, unless your profession puts you at a higher risk of UV exposure. Please remember to wear your UV-blocking glasses at work until you are told by your eye doctor that it is no longer necessary.

Laser Hair Removal - It is recommended that you wait until all light treatments are complete and you have been advised that you can remove your UV-blocking glasses before proceeding with hair removal (IPL) treatments (different IPL devices use different wavelengths). This includes other facial beauty treatments that use light sources.

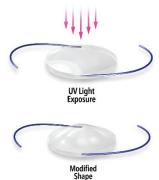
Shower – It is not necessary to wear your glasses in the shower.

What should I do if I forgot to wear my UV-blocking glasses?

It is very important that you do not forget to wear your UV-blocking glasses. However, if you do forget, please put them on as soon as you remember.

How many total light treatments will I need?

Between 1 and 3 light treatments, each lasting approximately 90 seconds and separated by 3-10 days, are required. The total number of light treatments is based on the achievement of the desired visual outcome that you and your doctor selected. Once you have achieved your final optimal vision, 2 additional appointments will be required to "lock" the lens to prevent any further changes.



Are the light treatments painful?

Numbing drops will be applied to your eye. There may be some mild pressure or discomfort, and some patients have perceived the treatment to be bright, however the light treatments are not painful.

What should I expect after each light treatment?

Your vision may be blurry immediately after each treatment due to a gel used during application of the light treatment, but this should resolve quickly. Additionally, your eye may be dilated for the treatment, which may require wearing the tinted UV-blocking glasses for a few hours. It may take 24-48 hours after each light treatment to notice an improvement in your vision. The light from the LDD may also cause a temporary or long-lasting pink or red afterimage, which is common with a light source directed to the eye. This tinge to your vision is especially noticeable on things that normally look white, but should resolve before your next light treatment. Speak with your doctor if the pink or red after image remains.

Surgery Drop Schedule

IMPRIMIS Prednisolone-Moxifloxacin-Nepafenac



Klarity Cyclosporine
Lubricating drops
(for premium lens patients only)



PRE-SURGERY Drop Instructions / 1 Hour Before Leaving Home for Surgery: Use IMPRIMIS eye drops every 15 minutes for a total of 4 doses. i.e. If you leave home at 9:00 AM, use IMPRIMIS at 8:00, 8:15, 8:30, and 8:45 AM. This applies regardless of your drive time to the surgery center.

About Your Eye Drops: If you are having a premium procedure, such as Optiwave or a premium lens implant (Toric, LAL, or presbyopic-correcting lenses), you will receive 1 bottle of IMPRIMIS and 1 bottle of Klarity per eye at no additional cost. If you are having basic cataract surgery (standard lens), you will need to purchase the IMPRIMIS drops. These are available at any Eyesight location. Klarity is not included for basic lens patients. Important Notes for All Patients: Shake the bottles well before each use. Use only 1 drop at a time, regardless of what the label says. If you're having surgery on both eyes, do not share bottles between eyes — you need one bottle per eye.

1-Week After Surgery: Begin using your Klarity lubricating drops in the OPERATIVE EYE, 2 times per day (morning and evening) until the bottle is finished.

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4 times a day would be roughly 8am, 12pm, 4pm and 8pm. - 2 times a day would be roughly 8am and 8pm

Please bring your eye drops and this schedule to the surgery center and to all follow-up appointments.

Surgery Drop Schedule - IF PRESCRIBED SEPARATE BOTTLES OF EYEDROPS ONLY!

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Proteioslose Acetarie Ophthalmic Sespension USP	10 ml NOC 6006-1006-2
ALCON GO	Ketorolac Tromethamine Ophthalmic Solution
Moxificacin Ophthalmic Solution, USP	STERRE OPPORAL SOCIETY
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Klarity for premium procedures only

In the ____RIGHT EYE ____ LEFT EYE Beginning 1 HOUR BEFORE LEAVING HOME FOR THE SURGERY CENTER on

	1 hour prior	45 minutes prior	30 minutes prior	15 minutes prior	After leaving the surgery center, use again at 12 pm – 4 pm & 8 pm
Moxifloxacin or Polytrim					
Prednisolone Acetate					
Ketorolac Tromethamine	П	П	П	П	

Wait 5 minutes	between	different	eyed	rops
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Week 1	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Moxifloxacin or	4 times a day						
Polytrim							
Prednisolone	4 times a day						
Acetate 1%							
Ketorolac	4 times a day						
Tromethamine							

Week 2	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	
Prednisolone 4 times a		4 times a day						
Acetate 1%								
Ketorolac	4 times a day							
Tromethamine							0000	
KLARITY (for	2 times a day							
premium lens only)								

Week 3	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Prednisolone	2 times a day						
Acetate 1%							
Ketorolac	2 times a day						
Tromethamine							
KLARITY (for	2 times a day						
premium lens only)							

Week 4	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Prednisolone	2 times a day						
Acetate 1%							
Ketorolac	2 times a day						
Tromethamine							
KLARITY (for	2 times a day						
premium lens only)							

It is EXTREMELY important to follow your eyedrop instructions! NOTE: Your surgeon will discuss the recommended continuation of your eyedrops after 4 weeks

Week 5	Day 29	Day 30	Day 31	Day 32	Day 33	Day 34	Day 35
Prednisolone	2 times a day						
Acetate 1%							
Ketorolac	2 times a day						
Tromethamine							
Week 6	Day 36	Day 37	Day 38	Day 39	Day 40	Day 41	Day 42
Prednisolone	2 times a day						
Acetate 1%							
Ketorolac	2 times a day						
Tromethamine							
KLARITY - use	2 times a day						
until bottle is gone	пп	пп					пп

Your procedure is scheduled for Coastal Surgical Center. If your procedure location is changed, our office will notify you.

DIRECTIONS

COASTAL SURGICAL CENTER

291 Shattuck Way Newington, NH 03801

Phone: 603-314-8035



<u>Traveling North</u>: Take I-95 to Exit 4 on the left for US-4/NH-16 toward White Mountains. Keep left, follow signs for Newington/Dover/US-4/NH-16/ White Mountains. Take Exit 4 for Shattuck Way toward Newington Village. Turn right onto Shattuck Way. The surgical center is located 0.7 miles down the road on the right side with ample parking.

<u>Traveling South</u>: Take Spaulding Turnpike/NH-16. Take Exit 4 for US-4/NH-16 N toward Newington Village/Historic Sites/Dover/Concord. Continue 0.2 miles onto Nimble Hill Road and pass under Route 16. Turn right on Shattuck Way. The surgical center is located 1.5 miles down the road on the right side with ample parking.

*You must have a responsible adult designated to accompany you to and from surgery. You will be asked to identify this person prior to surgery. Do not plan to use taxis, Ubers, or other public transportation for your procedures unless you also have a responsible adult with you.

*Anesthesia requires that someone stay with you for 24 hours after surgery.



UNDERSTANDING THE COSTS RELATED TO YOUR UPCOMING SURGERY

Cataract Surgery Coverage:

- Basic cataract surgery is typically covered by your medical insurance if you have visually significant cataracts that affect your daily life.
- This means that the procedure itself is considered medically necessary, and your insurance will help cover the costs.

Copays and Deductibles:

- Even though your surgery may be covered by insurance, you may still have to pay a copay (a fixed fee for the service) and a deductible (the amount you pay out-of-pocket before insurance starts covering costs).
- These fees are standard in many insurance plans and apply to various medical procedures, including cataract surgery.

Premium Lens Upgrades:

- If you choose a premium lens upgrade or service such as Optiwave, Toric Lens, Presbyopic Lens or a Light Adjustable Lens (LAL), these options provide additional benefits, such as improved vision at multiple distances.
- Since these premium lenses are considered enhancements beyond basic coverage, you will be responsible for the full cost of the upgrade.

Billing Process:

- We will bill your insurance for the cataract surgery, regardless of your lens choice.

That is considered the cost of the <u>procedure</u> itself.

 However, the costs for the premium lens upgrade will be billed separately, as they are <u>not</u> <u>covered</u> by insurance.

Concerned about coverage? Contact your insurance plan prior to surgery.

This is always the BEST way to ensure you will not have unexpected charges after your procedure, particularly for copays and deductibles. You will receive charges from BOTH Eyesight AND the SURGICAL CENTER. Your insurance plan will need to know the following:

What is the CPT code for your procedure? (this code is used for both the physician and surgery center)

66984 - Cataract Surgery or 66982 for Complex Cataract Surgery

For Glaucoma patients:

iStent or Hydrus: 66991 for Standard or 66989 for Complex

Goniotomy: 65820 - Incision Procedures on the Anterior Chamber of the Eye

iDose: 0660T

At the surgery center, for pain after surgery and to minimize inflammation, your surgeon may use:

Dextenza (a dexamethasone insert) -J1096 (4 units)

and

Iheezo (anti-inflammatory) - J2403 (800 units)

What is the NPI number of the practice?

Eyesight Ophthalmic Services (for physician fees, follow up care, evaluations, etc.)

NPI: 1073736310

Coastal Surgical Center (for surgery, lenses, etc.)

NPI: 1336713890

They will likely provide you with a reference number. Please write that number down:

Reference / Prior Authorization Number_____



SURGICAL FEE SCHEDULE (PER EYE)



BASIC CATARACT PACKAGE

This package is the best option for the individual who does not mind wearing glasses after cataract surgery. Most of the costs of Basic Cataract Surgery are covered by Medicare and other insurance companies. However, in addition to any deductibles, copayments and coinsurances required by the insurance company, the patient may have financial responsibility for additional testing recommended by their surgeon to achieve the best results after Basic Cataract Surgery.

	STANDARD	POST-LASIK	SELF PAY
EYESIGHT FEES			
PHYSICIAN SURGICAL FEE	Insurance fees	Insurance fees	\$ 2,000.00
EXAM FEE (collected during the 1st pre-operative exam)	Insurance fees	Insurance fees	\$ 500.00
TOTAL COLLECTED BY EYESIGHT	\$ Insurance Fees	\$ Insurance Fees	\$ 2,500.00
COASTAL SURGICAL CENTER FEES			•
FACILITY FEE	Insurance fees	Insurance fees	\$ 1,400.00
LENS FEE	Insurance fees	Insurance fees	\$ 65.00
ANESTHESIA FEE	Insurance fees	Insurance fees	\$ 300.00
TOTAL COLLECTED BY COASTAL SURGICAL CENTER	\$ Insurance Fees	\$ Insurance Fees	\$ 1,765.00
TOTAL FEES FOR BASIC CATARACT	\$ Insurance Fees	\$ Insurance Fees	\$ 4,265.00
by Eyesight & Coastal Surgical Center			

Includes: Pre and Intraoperative Planning and 3 months of postoperative care. **Patient Responsibility:** Insurance deductible, co-pay & coinsurance, and pre/post-operative eyedrops.

OPTIWAVE ANALYSIS ENHANCED VISION CORRECTION

This package is ideal for patients with dense cataracts or post-LASIK patients without significant astigmatism who want to reduce their need for glasses after cataract surgery. It offers improved outcome reliability with Optiwave Analysis Technology, which enhances distance and/or near vision. While Medicare and most insurance cover cataract removal and standard lens placement, patients are responsible for deductibles, copayments, and the additional costs of the Optiwave Analysis Enhanced package as outlined below. CONTACT LENSES MUST BE REMOVED 5 DAYS PRIOR TO SURGERY.

	STAND	ARD	PO	ST-LASIK	SI	ELF PAY
EYESIGHT FEES						
PHYSICIAN SURGICAL FEE	\$ 1	,050.00	\$	1,050.00	\$	3,050.00
EXAM FEE (collected during the 1st pre-operative exam)	Insuranc	ce fees	Insi	urance fees	\$	500.00
TOTAL COLLECTED BY EYESIGHT	\$ 1	,050.00	\$	1,050.00	\$	3,550.00
COASTAL SURGICAL CENTER FEES						
FACILITY FEE	Insuranc	ce fees	Insi	urance fees	\$	1,400.00
LENS FEE	Insuranc	ce fees	Insi	urance fees	\$	65.00
ANESTHESIA FEE	Insuranc	ce fees	Insi	urance fees	\$	300.00
TOTAL COLLECTED BY COASTAL SURGICAL CENTER	\$ Insuranc	e Fees	\$ Insu	rance Fees	\$	1,765.00
TOTAL FEES FOR OPTIWAVE ENHANCED	\$	1,050.00	\$	1,050.00	\$ 5	5,315.00
by Eyesight & Coastal Surgical Center	+ Insurance	ce fees	+ Insu	rance fees		

Includes: Imprimis pre/post operative drops & Klarity lubricating drops (1 bottle of each, per surgical eye), advanced Pre and Intraoperative planning, additional topographical measurements and analysis, utilization of the Optiwave Analysis Technology, & 3 months of postoperative care. Patient Responsibility: Insurance deductible, copay & coinsurance. If Imprimis is not recommended, or if other prescriptions are required, the patient is responsible for the costs associated with any pharmacy prescriptions.

TORIC ASTIGMATISM REDUCTION PACKAGE

This package is designed for individuals with mild to moderate astigmatism. This surgery reduces astigmatism to enhance distance vision, improve night vision, and lessen the need for distance glasses. Patients will need glasses for near and intermediate tasks. Medicare and other insurance companies pay most of the costs associated with removal of the cataract and placement of a standard lens. However, insurances will not include or cover the extra costs associated with the treatment and additional specialized testing involved in the Astigmatism Reducing Package to either Eyesight or the Surgery Center. CONTACT LENSES MUST BE REMOVED 5 DAYS PRIOR TO SURGERY.

		STANDARD		POST-LASIK	S	ELF PAY
EYESIGHT FEES						
PHYSICIAN SURGICAL FEE	\$	1,950.00	\$	2,250.00	\$	3,950.00
EXAM FEE (collected during the 1st pre-operative exam)		Insurance fees		Insurance fees	\$	500.00
TOTAL COLLECTED BY EYESIGHT	\$	1,950.00	\$	2,250.00	\$	4,450.00
COASTAL SURGICAL CENTER FEES						
FACILITY FEE		Insurance fees		Insurance fees	\$	1,400.00
LENS FEE	\$	450.00	\$	450.00	\$	450.00
ANESTHESIA FEE		Insurance fees		Insurance fees	\$	300.00
TOTAL COLLECTED BY COASTAL SURGICAL CENTER	\$	450.00	\$	450.00	\$	2,150.00
TOTAL FEES FOR ASTIGMATISM REDUCTION	\$	2,400.00	\$	2,700.00	\$	6,600.00
by Eyesight & Coastal Surgical Center	+	Insurance fees	+	Insurance fees		

Includes: Imprimis pre/post operative drops & Klarity lubricating drops (1 bottle of each, per surgical eye), advanced Pre and Intraoperative planning, additional topographical measurements and analysis, utilization of the Optiwave Analysis Technology, and 3 months of postoperative care. Patient Responsibility: Insurance deductible, copay & coinsurance. If Imprimis is not recommended, or if other prescriptions are required, the patient is responsible for the costs associated with any pharmacy prescriptions.

PRESBYOPIA REDUCTION PACKAGE (Panoptix / Vivity)

This package is the best option for individuals who want to reduce their dependency on glasses with today's most advanced lens technology. This package typically provides the largest range of good uncorrected vision. Patients typically see well in the distance, midrange and some near without glasses. There may be the need for some low powered reading glasses. Medicare and other insurance companies pay most of the costs associated with removal of the cataract and placement of a standard lens. However, insurances will not include or cover the extra costs associated with the treatment and additional specialized testing involved in the Presbyopia Reducing package to Eyesight or the upgraded lens implant needed for surgery due to Coastal Surgery Center. **CONTACT LENSES MUST BE REMOVED 5 DAYS PRIOR TO SURGERY.**

INSESTRICST DE REINIOVED S DATSTRICK TO SONGERT.			
	STANDARD	POST-LASIK	SELF PAY
EYESIGHT FEES			
PHYSICIAN SURGICAL FEE	\$ 2,450.00	\$ 2,750.00	\$ 4,450.00
EXAM FEE (collected during the 1st pre-operative exam)	Insurance fees	Insurance fees	\$ 500.00
TOTAL COLLECTED BY EYESIGHT	\$ 2,450.00	\$ 2,750.00	\$ 4,950.00
COASTAL SURGICAL CENTER FEES			
FACILITY FEE	Insurance fees	Insurance fees	\$ 1,400.00
LENS FEE	\$ 950.00	\$ 950.00	\$ 950.00
ANESTHESIA FEE	Insurance fees	Insurance fees	\$ 300.00
TOTAL COLLECTED BY COASTAL SURGICAL CENTER	\$ 950.00	\$ 950.00	\$ 2,650.00
TOTAL FEES FOR PRESBYOPIA REDUCTION	\$ 3,400.00	\$ 3,700.00	\$ 7,600.00
by Eyesight & Coastal Surgical Center	+ Insurance fees	+ Insurance fees	

Includes: Imprimis pre/post operative drops & Klarity lubricating drops (1 bottle of each, per surgical eye), advanced Pre and Intraoperative planning, additional topographical measurements and analysis, utilization of the Optiwave Analysis Technology, and 3 months of postoperative care. Patient Responsibility: Insurance deductible, copay & coinsurance. If Imprimis is not recommended, or if other prescriptions are required, the patient is responsible for the costs associated with any pharmacy prescriptions.

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LIGHT ADJUSTABLE LENS (LAL / LAL+) PACKAGE

The Light Adjustable Lens (LAL) is the only IOL that enables you and your doctor to design, trial, and customize your vision after cataract surgery. The LAL is made of a special photo-sensitive material that changes the power of your implanted lens in response to UV light. What is unique about the Light Adjustable Lens is that, after your eye heals, you return to your eye doctor to have your vision tested and you and your eye doctor will select a custom prescription for your lens based on your own eyes and unique lifestyle requirements. Between 1-3 total light treatments, each lasting approximately 90 seconds, will help you achievement of your desired visual outcome.

	S	TANDARD	SELF PAY
EYESIGHT FEES			
PHYSICIAN SURGICAL FEE	\$	3,300.00	\$ 5,300.00
EXAM FEE (collected during the 1st pre-operative exam)		Insurance fees	\$ 500.00
TOTAL COLLECTED BY EYESIGHT	\$	3,300.00	\$ 5,800.00
COASTAL SURGICAL CENTER FEES			
FACILITY FEE	_	Insurance fees	\$ 1,400.00
LENS FEE	\$	1,100.00	\$ 1,100.00
ANESTHESIA FEE		Insurance fees	\$ 300.00
TOTAL COLLECTED BY COASTAL SURGICAL CENTER	\$	1,100.00	\$ 2,800.00
TOTAL FEES FOR LIGHT ADJUSTABLE LENS by Eyesight & Coastal Surgical Center	\$	4,400.00	\$ 8,600.00
by Lyesigni & Coastal Guigical Center	+ Inst	irance fees	

Includes: Imprimis pre/post operative drops & Klarity lubricating drops (1 bottle of each, per surgical eye), advanced Pre and Intraoperative planning, additional topographical measurements and analysis, up to 8 post-operative visits with up to 3 prescription adjustments. Patient Responsibility: Insurance deductible, copay & coinsurance. If Imprimis is not recommended, or if other prescriptions are required, the patient is responsible for the costs associated with any pharmacy prescriptions.

PAYMENT IS DUE A MINIMUM OF 1 WEEK PRIOR TO SURGERY.

<u>Payment Options:</u> Interest-free financing available for up to 24 months and extended payment plans are available through www.CareCredit.com. We also accept MasterCard, Visa, Discover, American Express, Cash or Check.

CREDIT CARD POLICY AT COASTAL SURGICAL CENTER: At the time of registration, they'll ask for a credit card and store the info safely. After your insurance pays its part, you'll have 30 days to pay what's left. If you don't, they'll charge the card you gave them.. Co-pays must be paid at the time of visit.

SURGERY CONTACT INFORMATION

Coastal Surgical Center - 291 Shattuck Way, Newington NH 603-314-8035 (before 4:30pm)

Wentworth Douglass Hospital – 789 Central Avenue, Dover NH 603-740-2281 (after 6pm 603-740-2433)

Frisbie Memorial Hospital - 11 Whitehall Road, Rochester NH 603-330-8936 (after 5pm 603-332-5211)

Exeter Hospital - 5 Alumni Drive, Exeter NH 603-580-7568 (before 4:30pm)

Or contact your Eyesight surgical coordinator if you have any questions by dialing 603-501-7868 and the extension

PORTSMOUTH COORDINATORS:

Sandy x230 Leah J. x240

SOMERSWORTH COORDINATORS:

Cassie x263 Kimberly x541 Leah S. x631

EXETER COORDINATORS:

Deb x317

KITTERY COORDINATORS:

Rebecca x540 Leah S. x631



		•
	•	
Patient:		

AUTHORIZATION TO PERFORM SERVICES - Cataract Surgery with an upgrade

- 1. I have requested that my physician at Eyesight Ophthalmic Services perform my cataract surgery at Coastal Surgical Center. My lens selection is initialed below
- 2. I understand that should I choose Optiwave, Toric/Astigmatism Reducing or Presbyopia reducing upgraded lenses, **they are not covered benefits by my insurance company**, and will not be paid for by my insurance company.
- 3. My insurance will only be billed for basic surgery procedures, which do not include the extra costs for the lens implants or the extra professional fees associated with the planning and execution of the surgery. The surgery center will bill my insurance for the basic cataract items and I will be responsible for the extra costs associated with the upgraded lens implant itself. The fee for the professional component of the upgraded surgery due to Eyesight will be: (please circle and initial below):

	iwave ced Vision	Toric Astigmatism Reducing		•		•		•		sbyopia ducing	L	djustable ens or LAL+)	Ва	sic Lens
Standard	\$ 1,050.00	\$	1,950.00	\$ 2,450.00	\$	3,300.00		surance luctible &						
Post Refractive Surgery	\$ 1,050.00	\$	2,250.00	\$ 2,750.00	\$	3,300.00		yment fees						
Self-Pay/Cosmetic	\$ 3,050.00	\$	3,950.00	\$ 4,450.00	\$	5,300.00	\$	2,000.00						

I CHOOSE THE					
FOLLOWING:	If chosen, initial above				

Payable to Eyesight Ophthalmic Services **one week prior** to the surgical procedure. The amount may be paid in the form of cash, credit card or check. Extended and interest free financing options may be available through Care Credit (www.CareCredit.com).

My signature below indicates that I agree to accept responsibility for payment for the upgrade, if I have selected an upgrade, and will not seek payment from my insurance company.

I understand that my permission is voluntary, that I may withdraw consent at any time, without prejudice to my present or future care at Eyesight Ophthalmic Services.

In addition, I understand that no surgical procedure can be guaranteed, and that during surgery unforeseeable circumstances may arise. If I have chosen an Advanced lens, and should medical opinion dictate that the Advanced lens should not be implanted, I will be billed for basic cataract surgery

be billed for basic cataract surgery.	raid modical opinion dictate that the Mavanood fone chodia not be implanted, i h
SIGNATURE OF PATIENT	SIGNATURE OF WITNESS
DATE	DATE
Surgery Date	OD (right eye)
	oric □ Vivity-Vivity Toric □ Optiwave Analysis □ LAL □ LAL+ □ BASIC
Surgery Date	OS (left eye)



Cataract Surgery with Advanced Presbyopia, Monofocal, Toric, or Light Adjustable Intraocular Lens

Health Plan Denials and Personal Obligation / Cash Pay

Your carrier will only pay the surgery center if the services you receive are covered under the terms and conditions of your Health Plan. Your benefits may be denied or reduced by your plan if the plan believes:

the services are not medically necessary;	•	the services are not ordered/performed by a participating physician;
the procedure or test is a non-covered service	•	the services are not provided in a participating facility;
health plan pre-authorization requirements were not met:	•	the insurance plan does not provide benefits for the patient.

Health Plans review surgical services to determine if the services are covered under policy benefits. The term "Medically Necessary," for most plans usually means services which are:

- appropriate and necessary for the symptoms, diagnosis or treatment of a medical condition
- within recognized standards of medical practice

Witness

- not primarily for the convenience of the member, the member's family and/or the physician
- the least costly of alternative supplies or levels of service, which can be safely and effectively provided the patient.

At this time, the specialty lens that will be used for your surgery is not a covered service by your healthcare plan. Payment for the lens must be received at least 1 week prior to the date of your surgery for the following amounts: **Please initial below your choice:**

	BASIC AND / OR OPTIWAVE ENHANCED				
	STANDARD	SELF PAY			
FACILITY FEE	Insurance fees	Insurance fees	\$ 1,400.00		
LENS FEE	Insurance fees	Insurance fees	\$ 65.00		
ANESTHESIA FEE	Insurance fees	Insurance fees	\$ 300.00		
TOTAL	Insurance fees	Insurance fees	\$ 1,765.00		

PRESBYOPIA REDUCTION							
STANDARD	POST-LASIK	SELF PAY					
Insurance fees	Insurance fees	\$ 1,400.00					
\$ 950.00	\$ 950.00	\$ 950.00					
Insurance fees	Insurance fees	\$ 300.00					
\$ 950.00 \$ 950.0		\$ 2,650.00					
+ Insurance fees	+ Insurance fees						

	ASTIGMATISM / TORIC					
	STANDARD	SELF PAY				
FACILITY FEE	Insurance fees	Insurance fees	\$ 1,400.00			
LENS FEE	\$ 450.00	\$ 450.00	\$ 450.00			
ANESTHESIA FEE	Insurance fees	Insurance fees	\$ 300.00			
TOTAL	\$ 450.00	\$ 450.00	\$ 2,150.00			
	+ Insurance fees	+ Insurance fees				

LIGHT ADJUSTABLE LENS				
STANDARD	SELF PAY			
Insurance fees	\$ 1,400.00			
\$ 1,100.00	\$ 1,100.00			
Insurance fees	\$ 300.00			
\$ 1,100.00	\$ 2,800.00			
+ Insurance fees				

Your financial agreement with the surgery center is to pay for all services you receive, even those denied by your Health Plan. This agreement is a promise to pay for all services, to the extent not paid by some other party on your behalf.

The undersigned certifies that he/she has read the above, accepts financial responsibility to patient's agent, insured or guarantor.	or amounts listed above, and is the patient, the
Patient, Insured or Guarantor	Name of Patient

PAYMENT IS DUE A MINIMUM OF 1 WEEK PRIOR TO SURGERY - COASTAL SURGICAL WILL CONTACT YOU TO COLLECT PAYMENT

<u>PAYMENT OPTIONS:</u> Interest-free financing available for up to 24 months and extended payment plans are available through www.CareCredit.com. We also accept MasterCard, Visa, Discover, American Express, Cash or Check to COASTAL SURGICAL CENTER.

Date

Your family of Eyesight staff is here to assist you with every aspect of caring for your eyes.



Lucian Szmyd, MD



Kinley Beck, MD



Christopher Turner, OD



Warren Goldblatt, MD



Jennifer Ling, MD



Lauren McLoughlin, OD



N. Timothy Peters, MD



Jason Szelog, MD



Janet Rand, OD



Marsha Kavanagh, MD



Nathaniel Sears, MD



Renee Lynch, OD



Timothy Sullivan, MD





Hilary Hamer, OD



Claudia



Dana Graichen, MD



Dwight Arvidson, OD



Bartolini, MD



Greg Marrow, OD

PORTSMOUTH

155 Borthwick Avenue, Suite 200 East - Portsmouth, NH 03801 Tel: (603) 436-1773 Fax: (603) 427-0655

SOMERSWORTH

267 Route 108 - Somersworth, NH 03878 Tel: (603) 692-7500 Fax: (603) 692-7575

EXETER

McReel Building-192 Water Street - Exeter, NH 03833 Tel: (603) 778-1133 Fax: (603) 778-1055

KITTERY, ME

99 US-1, Suite B - Kittery, ME 03904 Tel: (207) 439-4958 Fax: (207) 439-4313

SANFORD, ME

272 Cottage Street - Sanford, ME 04073 Tel: (207) 324-3380 Fax: (207) 490-9174

www.EyesightNH.com



Informed Consent for Cataract Surgery

This information is given to you to help you make an informed decision about having cataract and/or lens implant surgery. You will live with the vision resulting from your decisions for the rest of your life, so please read the following explanations carefully. Once you have read this Informed Consent, you are encouraged to ask any questions you may still have about the procedure. This document will help you understand the risks of cataract surgery. It will also help you decide the type of replacement lens you want.

WHAT IS A CATARACT?

The natural lens in the eye can become cloudy and hard, a condition known as a cataract. Cataracts can develop from normal aging, from an eye injury, or if you have taken medications known as steroids. As a cataract develops, it blocks and scatters light, reducing the quality of vision. Cataracts may cause blurred vision, dull vision, sensitivity to light and glare, and/or ghost images. If the cataract changes vision so much that it interferes with your daily life, the cataract may need to be removed. Surgery is the only way to remove a cataract. You can decide not to have the cataract removed. If you don't have the surgery, your vision loss from the cataract may continue to get worse.

HOW WILL REMOVING THE CATARACT AFFECT MY VISION?

The goal of cataract surgery is to correct the decreased vision that was caused by the cataract. Cataract surgery will not correct other causes of decreased vision, such as glaucoma, diabetes, or age-related macular degeneration. During the surgery, the ophthalmologist (eye surgeon) removes the cataract and typically puts in a new artificial lens called an Intra-Ocular Lens (IOL).

UNDERSTANDING THE MAJOR RISKS OF CATARACT SURGERY

1. RISKS OF THE SURGERY: All operations involve risk and may have unsuccessful results, complications, or injury. Problems with cataract surgery are very rare. There are complications in <u>FEWER</u> than 1 in 1,000 of cataract surgeries. Complications may occur weeks, months or even years after surgery.

Problems, while extremely rare, include, but are not limited to, discomfort or pain, droopy eyelids, bleeding; infection; clouding of the outer part of the eye (called the cornea); swelling of the inside layer of the eye (called the retina); detachment of the retina from the eye; increased eye pressure which is also called "glaucoma"; damage to the tissue that supports the lens placed into the eye; and retained pieces of cataract that remain in the eye after surgery. If complications occur, the doctor may decide not to implant the lens in your eye and additional surgeries may be needed. These problems may lead to worse vision, total loss of vision, or even loss of the eye in rare situations.

Dextenza (www.Dextenza.com) is an FDA approved, preservative free, dissolvable, implant, which may be used for certain patients during cataract surgery to reduce pain and/or swelling. Use of Dextenza may help reduce the length of time required for surgical eyedrops to be used postoperatively / after cataract surgery.

Depending on the type of anesthesia, other risks are possible, just like any other surgery, including heart and breathing problems, and, in extremely rare cases, death.

Initials_	
	=

Additional surgery may be necessary, even when there are no complications with cataract surgery. You may need a laser surgery to correct clouding of the capsule directly behind the lens (also called a YAG).

At some future time, the lens in your eye may move as a result of the natural aging of the eye, and, although rare, may need to be repositioned with an additional surgery.

2. ISSUES ASSOCIATED WITH THE IMPLANT: Prior to cataract surgery, your eye must be measured to determine the strength of the lens that you require. While this test is very accurate for the majority of patients, some inaccuracies may occur. This problem occurs in only a small percentage of patients, but it would cause the prescription of the eye after cataract surgery to be different than what was expected. Wearing eyeglasses or contact lenses usually solves this. In extremely rare situations, the lens may need to be replaced to correct the strength of the lens.

After cataract surgery it is not uncommon for vision to have some dark shadowing or an "arc" of light in the outer part of the vision. This is called a "dysphotopsia". It is usually temporary and usually resolves on its own. Depending on the type of lens implanted, you may have higher rates of night glare or halos, double vision, impaired depth perception, blurry vision, or trouble driving at night.

- 3. Cataract surgery is performed one eye at a time. During the time between surgeries, there can be an imbalance between the eyes that can make glasses not work well. This imbalance can cause eye strain and tired eyes. Surgery in the second eye can fix this.
- 4. There are other eye problems that can affect vision after surgery, like glaucoma, diabetes in the eye, macular degeneration, or your individual healing after surgery. The results of surgery cannot be guaranteed. There is no guarantee of "20/20 vision."

UNDERSTANDING HOW VISION CORRECTION OF THE EYE WORKS

The human eye is a complex system, and understanding the following terms may help guide you in your cataract decision. Once you have decided that your vision is bad enough to require surgery, you will have to decide on what style of lens implant you want at the time of surgery. The style of the implant you choose will determine how you will see "forever" after surgery and what you may or may not need for corrective lenses after surgery.

MYOPIA (NEAR SIGHTED) is a condition in which people need glasses to see in the distance. Depending on your age and how much myopia you have, you can typically see well up close without your glasses, but you can't see in the distance until you put your glasses on.

HYPEROPIA (FAR SIGHTED) is a condition in which people need glasses to read and to see in the distance. Typically, these people wear bifocals, trifocals or progressive glasses full time.

PRESBYOPIA AND ALTERNATIVES FOR NEAR VISION AFTER SURGERY - Presbyopia is a condition caused by the aging eye losing its ability to shift from distance to near vision. Presbyopia is the reason that reading glasses become necessary, typically after age 40, even for people who have excellent distance and near vision without glasses. Presbyopic individuals require bifocals or separate reading glasses in order to see clearly at close range. There are options available to you to achieve distance vision, near vision, or both after cataract surgery. If you choose not to have an implant that corrects for presbyopia, you will need glasses for near vision, distance vision or both.

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ASTIGMATISM - Patients with nearsightedness and farsightedness often also have astigmatism. An astigmatism is caused by an irregularly shaped cornea; instead of being round like a basketball, the cornea is shaped like a football. This shape can make your vision blurry without correction. This extra correction can be accomplished with glasses or with lens implants during cataract surgery.

GLARE AND HALOS - Depending on the type of lens implant you and your surgeon agree upon, there may be glare and halos around lights after surgery. In many cases they can resolve over time, but as with any implant, there may be permanent glare and halos. Some lens types like multifocal and extended depth of focus lenses come with higher rates of glare and halos than other lens implant options.

LENS IMPLANT OPTIONS AND VISION AFTER CATARACT SURGERY

When selecting your lens implant style for cataract surgery, you will have 4 choices. Consider the following options and decide which best describes what you would like your vision to be after cataract surgery:

CHOICE #1 - I want to wear glasses full time.

Best lens option = Standard / Basic lens implant.

<u>CHOICE #2 - I want to see clearly in the distance without glasses, and I will wear glasses FOR ALL NEAR AND INTERMEDIATE vision tasks.</u>

Best lens option = A standard lens implant with an Optiwave for non-astigmatism correction. or = A toric lens implant depending on the amount of astigmatism you have.

<u>CHOICE #3 - I want to see clearly for near vision tasks without glasses, and I will wear glasses</u> FOR ALL DISTANCE AND INTERMEDIATE vision tasks.

Best lens option = A standard lens implant for non-astigmatism correction.

or = A standard lens implant with an Optiwave for non-astigmatism correction.
 or = A toric lens implant depending on the amount of astigmatism you have.

<u>CHOICE #4 - I want to see clearly in the distance AND near with a reduced need for glasses.</u>

Best lens option = A multifocal lens implant.

or = An Extended Depth of Focus implant.

or = Light Adjustable Lens (LAL / LAL+).

or = Optional monovision for those who are currently successful in wearing monovision correction

TREATING ASTIGMATISM - Toric lens implants can be used for correcting high degrees of astigmatism. In addition to toric lens implants, astigmatism can be reduced by glasses, contact lenses, and refractive surgery (LASIK OR PRK).

If you have an astigmatism and choose a standard lens implant, which is not designed to treat astigmatism, you will need to wear glasses for <u>all</u> distance, intermediate and near tasks.

Initials

PATIENT CONSENT

Please copy the following sentences, as they appear, prior to the consultation.

"I understand there are risks of surgery in	cluding vision loss."	
"I understand I may need more than one s	surgery per eye."	
	C	
"I understand I may not have 20/20 visior	n after surgery."	
Patient name (printed)	Patient Signature	Date
If cataract surgery is scheduled, I authorize the behalf. However, I understand that only I can		
Name of person	Relationship to patient	Phone Number
Name of person	Relationship to patient	Phone Number
Representatives may be from Coastal Surgica Exeter Hospital depending on where my prod		al, Frisbie Memorial Hospital, or

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After your Cataract Evaluation, you may want to schedule surgery. To help us schedule your surgery at the appropriate location, please fill out the questionnaire below. Your surgeon will review your answers during your cataract evaluation.



ANESTHESIA QUESTIONNAIRE

REQUIRED FOR ALL SURGERY PATIENTS

Nam	e		Date		
	lave you had any cardiac event within the last 60 days (including heart attack/MI, cardiac ent placement, or cardiac bypass surgery)?		Yes		No
	If yes, date of cardiac event:				
2. H	lave you had a stroke or TIA (mini stroke) in the last 3 months?		Yes		No
	If yes, date of stroke or TIA (mini stroke):				
3. Ir	the last 3 months, have you had any sort of seizure?		Yes		No
	If yes, date of seizure?				
A	are you taking any medication to prevent a seizure?		Yes		No
	If yes, what is the name of the seizure medication?				
al	re you currently undergoing medical workup for chest pain, shortness of breath, chormal heart rhythm, heart valve conditions, seizures, strokes/TIA(mini-strokes), or a otting disorder? If you are currently being worked up for these conditions, when do you anticipate completing your evaluation?		Yes		No
	Name of cardiologist?				
5. C	an you lay flat, in a face-up position without discomfort or difficulty breathing?		Yes		No
6. W	/hat is your height?	ft			in
W	hat is your most recent weight?		lbs.		
7. D	o you take Wegovy, Ozempic, Mounjaro, or other GLP-1's?		Yes		No
	o you require continuous oxygen therapy for any breathing disorder (for example COPD, mphysema, pulmonary fibrosis)?		Yes		No
9. A	re you currently on any form of dialysis?		Yes		No
	Do you have difficulty with shortness of breath or weakness doing everyday activities uch as walking, cleaning, showering, etc.?)		Yes		No
11.	Have you been to a cardiologist in the last 3 years? If yes, for what reason? Cardiologist's name		Yes		No
12. F	lave you been hospitalized or evaluated in the ER for any reason within the last month? If yes, then where?		Yes		No
13. A	re you currently receiving radiation or chemotherapy for metastatic cancer?3		Yes		No
	lave you had an allergic or adverse reactions to the medications Versed (midazolam), Propofol, or opioid pain medications?		Yes		No
	If yes, what medications?				
15 5	What was the reaction you had?		Vaa		NIa
15. L	o you have any of the following:		Yes		No
	☐ Implantable Defibrillator ☐ Implantable Pacemaker ☐ Combined Defib/Pac	emaker		9	

Lens Choice and Informed Consent for Cataract Surgery



- THIS PORTION SHOULD BE COMPLETED WITH YOUR SURGEON - PLEASE BRING THIS FORM WITH YOU TO YOUR APPOINTMENT

Please indicate which lens selection you and your doctor have agreed on. You only have to complete the section that applies to your agreed upon lens choice:

☐ Both Eyes h a TORIC lens for ☐ Both Eyes nings for all near a
□ Both Eyes
□ Both Eyes
nings for all near a
n a STANDARD lens
□ Both Eyes
ORIC lens for
□ Both Eyes
_

itials	standard lens, which does not co	_	rill likely need to w	vear glasses or
	Surgeon Initials	□ Right Eye	□ Left Eye	□ Both Eyes
atient urgery	– please rewrite the following ser	ntence below: "I will need to	wear glasses fo	r all tasks after catara
	MULTIFOCAL, EXTENDED I	•	R LIGHT ADJUST	TABLE LENS
nitials	I wish to have a MULTIFOCAL (check one)		CUS, OR LAL/LA	L+ lens for on my
	Surgeon Initials	☐ Right Eye	□ Left Eye	□ Both Eyes
	ENT'S ACCEPTANCE OF RISKS:	v is to improve the quality of	vision. I understa	and there are no
The m	ENT'S ACCEPTANCE OF RISKS: vain rationale for cataract surgery vantees, and I may still need glasses			
The m	ain rationale for cataract surgery			
After a possib pages benefit	ain rationale for cataract surgery	erstand that it is impossible In signing below, I acknowl swered all my questions to as of cataract surgery, as ex	for the doctor to edge that I have my satisfaction.	Initials o inform me of every read the preceding I understand the risks
After a possib pages benefit and I l	meeting with my surgeon: I under the complication that may occur. and agree that the doctor has an its, and alternatives complication	erstand that it is impossible In signing below, I acknowl swered all my questions to as of cataract surgery, as ex	for the doctor to edge that I have my satisfaction.	Initials o inform me of every read the preceding I understand the risks
After a possib pages benefit and I l	meeting with my surgeon: I under all agree that the doctor has an alternatives complication that may occur. and agree that the doctor has an alternatives complication have been offered a copy of the complication and alternatives complication have been offered a copy of the complication and alternatives complication have been offered a copy of the complication and alternatives complication have been offered a copy of the complication and alternatives complication and alternatives complication have been offered a copy of the complication and alternatives complex compl	erstand that it is impossible In signing below, I acknowl swered all my questions to ns of cataract surgery, as ex onsent.	for the doctor to edge that I have my satisfaction.	Initialso inform me of every read the preceding I understand the risks my ophthalmologist,

Note: If you have already chosen a lens for surgery, any changes made within five days prior to your procedure may require rescheduling.